

REGULAR n -GONS AND FUCHSIAN GROUPS

MARJATTA NÄÄTÄNEN

1. Introduction

In [2] A. F. Beardon found the greatest lower bound for the radius of a hyperbolic disc inscribed in a hyperbolic triangle of a given area. Here we find the corresponding upper bound for a convex n -gon P , $n \geq 3$. We also consider the greatest lower bound for the radius of a closed disc containing a convex n -gon P of a given area. Both are attained when P is regular, i.e., the sides are of equal length and the angles are equal.

We apply the results for Fuchsian groups of signature $(2,0)$, and calculate in Theorem 5.1 the minimal trace in the group with the regular octagon with diametrically opposite pairings of sides as a fundamental domain.

The formulas for hyperbolic geometry used in this paper can be found in Chapter 6 of [1]. The hyperbolic metric is denoted by ϱ , the hyperbolic area of an n -gon P by $|P|$.

If G is a Fuchsian group of signature $(2,0)$, then G has only hyperbolic elements, and we denote by $D(z)$ its Dirichlet region with center z . For $g \in G$, we denote the trace by $\tau(g)$, the transformation length by T_g , and the axis of g by a_g .

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2. Octagonal Dirichlet regions

Let D be a convex octagonal Dirichlet region with center 0 for a group G with signature $(2,0)$. Then G has only hyperbolic elements and the genus is 2; hence $|D| = 4\pi$. By Euler's formula all vertices are equivalent and hence they are at equal distance R from 0. We claim that

$$\cosh R \cong (1 + \sqrt{2})^2$$

with equality if and only if D is regular. For this we use the following two lemmas.

Lemma 2.1. *Let the length c of the hypotenuse of a right-angled triangle T be given. Then the maximal area of T is attained when T is isosceles. Then the sides a, b*

and the angles α, β of T fulfil

$$\cosh a = \cosh b = (\cosh c)^{1/2} = \cot \alpha = \cot \beta$$

and the maximal area $A(c)$ is

$$A(c) = \frac{\pi}{2} - \overline{\arccos} \cos((\cosh c - 1)/\sinh c)^2.$$

$A(c)$ is strictly increasing and for $\cosh c = (1 + \sqrt{2})^2$, we get $\alpha = \beta = \pi/8$ and $A(c) = \pi/4$.

Proof. Let the angles of T be $\pi/2, \alpha, \beta$. By using the formulas $\tanh c \cos \beta = \tanh a, \sinh c \sin \alpha = \sinh a, \cos \alpha = \cosh a \sin \beta$ we obtain after a simple calculation

$$\cos^2(\alpha + \beta) = (\cosh c - 1)^2 \tanh^2 a (\cosh^2 c - \cosh^2 a) / \sinh^4 c.$$

Differentiating the right-hand side with respect to a we see that, for c fixed, $\cos(\alpha + \beta)$ attains its maximum if and only if $\cosh a = (\cosh c)^{1/2}$. Since in a right-angled triangle $\cosh c = \cosh a \cosh b = \cot \alpha \cot \beta$, this means that T is isosceles and $\cot \alpha = (\cosh c)^{1/2}$. Then

$$\cos(\alpha + \beta) = ((\cosh c - 1)/\sinh c)^2,$$

and we obtain the claimed formula for $A(c)$. Also, as $c \rightarrow 0, A(c) \rightarrow 0$ and $\alpha, \beta \rightarrow \pi/4$; as $c \rightarrow \infty, A(c) \rightarrow \pi/2$ and $\alpha, \beta \rightarrow 0$; and $A(c)$ is strictly increasing.

Lemma 2.2. *Let D be a convex octagon with all vertices at equal distance R from 0. Denote $R_0 = \cosh^{-1}(1 + \sqrt{2})^2$. Then if $R < R_0, |D| < 4\pi$, and if $R = R_0, |D| \leq 4\pi$, with equality if and only if D is regular.*

Proof. We triangulate D into 16 right-angled triangles with one vertex at 0 and hypotenuse R . By Lemma 2.1, $A(R_0) = \pi/4$, and if $R < R_0$, each triangle has area less than $\pi/4$; hence $|D| < 4\pi$.

For $R = R_0$ each triangle has area at most $\pi/4$. Hence $|D| \leq 4\pi$, with equality if and only if each triangle has area $\pi/4$, i.e., has angles $\alpha = \beta = \pi/8$. Then the sum of the angles at 0 is 2π and D is regular with each angle $\pi/4$, the circumscribed circle has radius R_0 , and the inscribed circle has radius $r, \cosh r = 1 + \sqrt{2}$.

Hence we have

Theorem 2.1. *Let D be a convex octagon with $|D| = 4\pi$ and with all vertices of D at equal distance from 0. Then the smallest disc containing D has radius $\cosh^{-1}(1 + \sqrt{2})^2$, attained when D is regular.*

Remark. It follows that no Fuchsian group of signature $(2,0)$ can have a convex octagonal Dirichlet region included in a closed disc with radius $R < \cosh^{-1}(1 + \sqrt{2})^2$, and for $R = \cosh^{-1}(1 + \sqrt{2})^2$, the only occurring octagon is the regular one.

Remark. From Lemma 2.1 we also obtain that if P is an octagon with all vertices on the circle with center O , radius $\cosh^{-1}(1 + \sqrt{2})^2$, and if P is triangulated as in Lemma 2.2, then $|P|$ attains its maximum if and only if each triangle attains its maximum area. This corresponds to the regular case.

3. Smallest disc containing a convex n -gon with prescribed area

The results of Chapter 2 can be done generally:

Lemma 3.1. *Let P be a convex n -gon, $n \geq 3$, with area A . If P has a circumscribed circle C and the center $O \in P \setminus \partial P$, then the radius R of C attains its minimum value $R(A)$ if and only if P is regular,*

$$(3.1) \quad \cosh R(A) = \cot \frac{\pi}{n} \cot \left(\frac{(n-2)\pi - A}{2n} \right).$$

Hence $R(A)$ is a strictly increasing function of A and vice versa.

Proof. We do the proof for $n=3$, since the cases $n>3$ are treated similarly with only a larger number of parameters.

We triangulate P into three pairs of right-angled triangles with angles α_i at O , θ_i at the vertices of P , and $\pi/2$ at the midpoints of the sides of P . Then

$$\cosh R = \cot \alpha_i \cot \theta_i, \quad i = 1, 2, 3$$

$$\sum_{i=1}^3 \alpha_i = \pi, \quad A = \pi - 2 \sum_{i=1}^3 \theta_i.$$

Hence

$$(3.2) \quad \pi = \sum_{i=1}^3 \cot^{-1}(\cosh R \tan \theta_i),$$

where the angles are subject to the constraints

$$(3.3) \quad \sum_{i=1}^3 \theta_i = (\pi - A)/2 < \pi/2, \quad \theta_i \geq 0, \quad i = 1, 2, 3.$$

The equation (3.2) determines R uniquely as a function of $(\theta_1, \theta_2, \theta_3)$, subject to (3.3), and the problem is to minimize R over the triangle Δ in \mathbb{R}^3 with vertices $(a, 0, 0)$, $(0, a, 0)$, $(0, 0, a)$, $a = (\pi - A)/2$.

We denote $\sigma = \cosh R$ and compute the minimum value of σ on Δ . We consider a horizontal section

$$\theta_3 = a - 2c, \theta_2 = c - t, \theta_1 = c + t, \quad -c \leq t \leq c$$

of Δ . On this segment σ is a function of t , and differentiation of each side of (3.2) yields

$$\sigma'(t) \sum_{i=1}^3 \tan \theta_i (1 + \sigma^2 \tan^2 \theta_i)^{-1} = \sigma [(\sin^2 \theta_2 (\sigma^2 - 1) + 1)^{-1} - (\sin^2 \theta_1 (\sigma^2 - 1) + 1)^{-1}].$$

Hence $\sigma'(t) > 0$ if $\theta_1 > \theta_2$, or equivalently, $t > 0$; and $\sigma'(t) < 0$ if $t < 0$. Thus σ attains its minimum value on this segment when $\theta_1 = \theta_2$. Hence we can consider the original problem in the intersection of Δ with the plane $\theta_1 = \theta_2$, which means one parameter less. In the case $n = 3$, σ and R are now functions of one variable, and by a similar differentiation we see that they obtain the minimum value for $\theta_1 = \theta_2 = \theta_3 = (\pi - A)/6$.

In the case $n > 3$ we divide P with rays from O into $2n$ right-angled triangles. Since in the minimal case P is regular, the angle α at O is π/n and the other angle θ satisfies the equation

$$\theta = ((n - 2)\pi - A)/2n$$

because of the area condition. The formula $\cosh R = \cot \alpha \cot \theta$ gives the result.

Theorem 3.1. *Let P be a convex n -gon of a given area A . The smallest closed disc C containing P is obtained when P is regular. The radius R fulfils (3.1).*

Proof. If the center O of C is in $P \setminus \partial P$, and if all vertices of P are on ∂C , the result follows from Lemma 3.1.

If $O \notin P \setminus \partial P$, there exists a side s of P such that one of the two half-planes with s on its boundary contains P but not O . By using the half-plane model with the continuation of s as a vertical line we see that there exists a disc C' with radius $R' \cong R$ such that s is on the vertical diagonal of C' . Let the center of C' be O' and let the vertices of s be $A_1, A_2, q(O', A_1) \cong q(O', A_2)$. Continue s through A_2 , and the adjacent side with vertex A_1 through A_1 , until they hit $\partial C'$, say at the points A'_2, A'_1 . Draw rays from the midpoint of s through the other vertices of P and denote the points where they hit $\partial C'$ by A'_3, \dots, A'_n . Let P' be the polygon with vertices A'_1, \dots, A'_n . Then $|P| < |P'|$, all vertices of P' are on $\partial C'$, $O' \in P' \setminus \partial P'$. By (3.1),

$$R' \cong R(|P'|) \cong R(|P|).$$

It also follows:

Lemma 3.2. *If G is a Fuchsian group with signature $(2, 0)$, then the only fundamental polygon which is a regular n -gon and can be divided into $2n$ isosceles right-angled triangles is the regular octagon.*

Proof. Since the area is 4π , $n = 8$ gives the only solution for equal angles in (3.1).

Lemma 3.3. *For given $R > 0$ and $n \in \mathbb{N}$, $n \geq 3$, the maximum area for a convex n -gon P included in a closed disc with radius R is attained when P is regular.*

Proof. Let $R > 0$ be given, and let P be a convex regular n -gon with circumscribed circle with radius R . Then $|P|$ and R are connected by (3.1). If P' is a convex n -gon, which is not regular, and $|P'| \cong |P|$, then by previous lemmas P' is not included in any closed disc with radius R .

There is a simple application to “covering”:

Theorem 3.2. *Let G be a Fuchsian group of signature (2,0). The translates under G of the closed disc $\bar{B}(z, r)$ cover the hyperbolic plane if and only if $r \geq R(G, z)$, where $R(G, z) = \max_p \varrho(z, P)$ and P is a vertex of $D(z)$.*

Proof. It follows from the definition of $R(G, z)$ that the closed disc $\bar{B}(z, R(G, z))$ covers $D(z)$. The image of this disc under $g \in G$ is the closed disc $\bar{B}(g(z), R(G, z))$, which covers $D(g(z))$.

It remains to be shown that $R(G, z)$ is the smallest radius with the covering property. It follows from the definition of $D(z)$ that if P is a vertex of $D(z)$ and $g(P)$ is in the cycle of P , then

$$\varrho(P, z) = \varrho(P, g^{-1}(z)) \cong \varrho(P, f(z))$$

for all $f \in G \setminus I$. Hence the radius of a closed disc with center in the orbit of z has to be at least $R(G, z)$ in order to cover the vertex with maximal distance from z .

Theorem 3.3. *Let G be a Fuchsian group of signature (2,0). The group which minimizes $R(G, z)$ of Theorem 3.2 is a group with $D(z)$ for some z the regular 18-gon with any of the eight possible identification patterns.*

Proof. Theorem 3.1 and the fact that $R(4\pi)$ of (3.1) is a decreasing function of n when $8 \leq n \leq 18$, give the result, and for the minimal radius R the formula

$$\cosh R = \frac{1}{\sqrt{3}} \cot \frac{\pi}{18}.$$

There are eight possible identification patterns for $D(z)$ ([3]).

4. Convex n -gons containing a maximal disc

Lemma 4.1. *Let P be an octagon, which is a fundamental domain for a Fuchsian group with signature (2,0). Suppose that P has an inscribed disc C with radius r . Then $\cosh r \leq 1 + \sqrt{2}$ and equality corresponds to P being regular.*

Proof. We first consider the case when C touches each side in its midpoint. Since the sides of P are congruent in pairs, we can divide P into 16 right-angled triangles, each congruent with 3 others. Hence we can choose as parameters the angles α_i

at the center of C and the remaining angles $\theta_i, i=1, 2, 3, 4$. Since $|P|=4\pi$,

$$\sum_{i=1}^4 \theta_i = \frac{\pi}{2}.$$

Also

$$\sum_{i=1}^4 \alpha_i = \frac{\pi}{2}.$$

By trigonometry, $\cosh r \sin \alpha_i = \cos \theta_i$. Hence

$$(4.1) \quad \sum_{i=1}^4 \sin^{-1} \frac{\cos \theta_i}{\cosh r} = \frac{\pi}{2}$$

determines r as a function of $(\theta_1, \theta_2, \theta_3, \theta_4)$ subject to the constraints

$$\theta_i \geq 0, \quad \sum_{i=1}^4 \theta_i = \frac{\pi}{2}.$$

We want to maximize r over this subset of \mathbf{R}^4 . Let $c \in [0, \pi/2]$ and consider a section

$$\theta_4 = \frac{\pi}{2} - c, \theta_3 = c - 2k, \theta_2 = k + t, \theta_1 = k - t, 2k \in [0, c], |t| \leq k.$$

We denote $\sigma = (\cosh r)^{-1}$. On this segment σ is a function of t and differentiation of each side of (4.1) yields

$$\sigma'(t) \sum_{i=1}^4 \frac{\cos \theta_i}{(1 - \sigma^2 \cos^2 \theta_i)^{1/2}} = \frac{\sigma \sin \theta_2}{(1 - \sigma^2 \cos^2 \theta_2)^{1/2}} - \frac{\sigma \sin \theta_1}{(1 - \sigma^2 \cos^2 \theta_1)^{1/2}}.$$

Hence $\sigma'(t) > 0$ if $\theta_2 > \theta_1$ or equivalently, $t > 0$; $\sigma'(t) < 0$ if $t < 0$, and σ attains its minimum value on the segment when $\theta_1 = \theta_2$.

Next we assume that

$$\sum_{i=1}^4 \theta_i = \frac{\pi}{2}, \theta_1 = \theta_2 = \left(\frac{\pi}{2} - 2k\right)/2, \theta_3 = k - t, \theta_4 = k + t, |t| \leq k.$$

On this segment, as above, σ attains its minimum value when $\theta_3 = \theta_4$. Hence we can assume $\theta_1 = \theta_2, \theta_3 = \theta_4$, and we can examine σ as a function of θ_1 and $\theta_3 = \pi/4 - \theta_1$. A derivation like the one above yields that σ attains its minimum value when $\theta_i = \pi/8, i=1, 2, 3, 4$ and hence P is regular. The formula for r becomes

$$\cosh r \sin \frac{\pi}{8} = \cos \frac{\pi}{8}$$

and hence $\cosh r = 1 + \sqrt{2}$.

The assumption of the inscribed disc touching P at the midpoints is irrelevant — by increasing the number of parameters we can do a similar proof without it.

Remark. A similar proof shows that in the set of convex n -gons with given area A , and having an inscribed disc, the largest disc is obtained for the regular n -gon. The radius r of the largest disc fulfils

$$(4.2) \quad \cosh r = \frac{\cos(((n-2)\pi - A)/2n)}{\sin \pi/n}.$$

Hence, for n fixed, r is strictly increasing as a function of A . We denote the maximal radius by $r=r(A)$.

Theorem 4.1. *Let P be a convex n -gon with given area A . Then if P is regular, it contains the largest disc, and the radius r fulfils (4.2).*

Proof. The result follows from the previous remark if the disc C touches all sides of P . If all sides of P do not touch C , we can find a convex n -gon, P' , $P' \subset P$, $|P'| < |P|$, with all sides of P' touching C . Then, with the notation in the remark, if r is the radius of C , $r \leq r(|P'|) < r(|P|)$.

Remark. It follows that if P is a convex octagon which is a fundamental domain for a Fuchsian group with signature $(2,0)$, and if P contains a disc with radius r , then

$$(4.3) \quad \cosh r \leq 1 + \sqrt{2}$$

with equality when P is regular.

Remark. We can now examine the ratio $\cosh R/\cosh r$ when P is a convex n -gon, $n \geq 3$, of given area A , $0 < A < (n-2)\pi$, R and r are, respectively, the radii of closed discs $C_1, C_2, C_2 \subset P \subset C_1$.

Due to Theorems 3.1 and 4.1 we obtain that

$$\min_P \cosh R/\cosh r$$

is attained when P is regular. Then, with the notation used,

$$\cosh R/\cosh r = \cos \alpha/\sin \theta,$$

where $\alpha = \pi/n$, $\theta = ((n-2)\pi - A)/2n$.

For A given, we denote $\delta(n) = \cosh R/\cosh r$. Then $\delta(n)$ is strictly decreasing.

Lemma 4.2. *Let P be a convex n -gon, which is a fundamental domain of a Fuchsian group of signature $(2,0)$. Then with the notation above*

$$\max_n \min_P \cosh R/\cosh r = 1 + \sqrt{2}.$$

Proof. Since the minimum number of sides for P is eight, and $\delta(n)$ is decreasing, the maximum is attained when P is the regular octagon.

There is an application to “packing”:

Theorem 4.2. *Let G be a Fuchsian group with signature $(2,0)$. The translates under G of the open disc $B(z, r)$ do not overlap if and only if $r \leq r(G, z)$, where $r(G, z) = (1/2) \min \{\varrho(z, g(z)) \mid g \in G \setminus I\}$.*

Proof. It follows from the definitions of $r(G, z)$ and $D(z)$ that $B(z, r(G, z)) \subset D(z)$. Hence the images under G of $B(z, r(G, z))$ are distinct, since

$$g(B(z, r(G, z))) = B(g(z), r(G, z)) \subset D(g(z)).$$

Since $r(G, z) = \varrho(z, g(z))/2$, where $g(z) \neq z$ is the point closest to z in the orbit of z , the images of $B(z, r)$ are not disjoint if $r > r(G, z)$.

Theorem 4.3. *Let G be a Fuchsian group with signature $(2,0)$. The group which maximizes $r(G, z)$ of Theorem 4.2 is a group with $D(z)$ for some z the regular 18-gon with any of the eight identification patterns.*

Proof. Theorem 4.1 and the fact that r of (4.2) is increasing as a function of n give the result and for the maximal radius the formula

$$\cosh r = \left(2 \sin \frac{\pi}{18} \right)^{-1}.$$

5. The group of the regular octagon

Theorem 5.1. *There exists a group G with signature $(2,0)$ and $\min \{\tau(g) \mid g \in G \setminus I\} = 2(1 + \sqrt{2})$.*

Proof. We derive generators and relations between them for a group G with $D(0)$ a regular octagon with diametrically opposite pairings. Then $\partial D(0)$ consists of arcs of eight circles of equal size, intersecting at angles $\pi/4$.

Let two of the circles have centers on the real axis and let f_1 pair the corresponding sides s, s' of $\partial D(0)$. Then $f_1(\mathbf{R}) = \mathbf{R}$ and hence we can assume

$$f_1(z) = \frac{az + c}{cz + a} \quad a^2 - c^2 = 1, \quad a, c \in \mathbf{R}.$$

Then the triangle with vertices 0, an endpoint of s and $\mathbf{R} \cap s$ has angles $\pi/8, \pi/8, \pi/2$ and the distance from 0 to $\mathbf{R} \cap s$ is $T_{f_1}/2$.

By (4.3)

$$(5.1) \quad \tau(f_1) = 2 \cosh \frac{1}{2} T_{f_1} = 2(1 + \sqrt{2}) > 4.8.$$

Hence $a = 1 + \sqrt{2}$, $c = -\sqrt{2}(1 + \sqrt{2})^{1/2}$.

Let $g(z) = (\exp(i5\pi/4)z)$. Then $f_{k+1} = g^{-k} \circ f_1 \circ g^k$, $k = 1, 2, 3$, pair the remaining diagonally opposite sides of $\partial D(0)$ and $\tau(f_k) = \tau(f_1)$, $k = 2, 3, 4$. The cycle of the

vertex gives the relation $f_1 f_2 f_3 f_4 f_1^{-1} f_2^{-1} f_3^{-1} f_4^{-1} = I$. By Euler's formula the genus is two.

Next we show that the traces of the generators are minimal in the set $\{|\tau(g)| \mid g \in G \setminus I\}$. By (5.1) we can consider transformation lengths, and such $g \in G \setminus I$ that $T_g < T_{f_1}$. We denote $2r = T_{f_1}$.

Since an image of a_g has to meet $\overline{D(z)}$, where z is a vertex of $D(0)$, we can assume $a_g \cap \overline{D(z)} \neq \emptyset$ by conjugation. By symmetry we can then consider the case when $D(z)$ is the regular octagon with sidelengths $2r$ and vertices the images of 0 under $I, f_4, f_4 f_3, f_4 f_3 f_2, f_4 f_3 f_2 f_1, f_1 f_2 f_3, f_1 f_2$ and f_1 . Hence for some h $\varrho(h(0), a_g) < r$ and by conjugation we can assume $\varrho(0, a_g) < r$. By hyperbolic geometry

$$\sinh \frac{1}{2} \varrho(0, g(0)) = \cosh \varrho(0, a_g) \sinh \frac{1}{2} T_g.$$

Together with the assumption $T_g < 2r$ it gives

$$\sinh \frac{1}{2} \varrho(0, g(0)) < \cosh r \sinh r = \sqrt{2} (1 + \sqrt{2})^{3/2} < 5.23.$$

To finish we have to calculate $\tau(g)$ for such $g \in G \setminus I$ that $\varrho(0, g(0)) < 4.7$. By elementary calculations and symmetry it suffices to calculate $|\tau(f_1 f_2)|$ and $|\tau(f_1 f_2 f_3)|$. These are not smaller than $|\tau(f_1)|$.

Lemma 5.1. *If G is a Fuchsian group with signature $(2, 0)$ and such that $D(0)$ is the regular octagon, then the diametrically opposite pairings give the group where maximum of $\min \{|\tau(g)| \mid g \in G \setminus I\}$ is attained, and is $2(1 + \sqrt{2})$.*

Proof. Each midpoint of a side of $D(0)$ is mapped to a midpoint of a side. Hence we can consider the case $z = r e^{i\varphi}$ with $\cosh r = 1 + \sqrt{2}$ and $w = \bar{z}$ in the orbit of z . By hyperbolic geometry

$$\cosh^2 \frac{1}{2} \varrho(z, w) = \frac{|1 - z\bar{w}|^2}{(1 - |z|^2)(1 - |w|^2)} = \frac{|1 - r^2 e^{2i\varphi}|^2}{(1 - r^2)^2},$$

which has its maximum when $\varphi = \pi/2$ or $\varphi = 3\pi/2$, corresponding to the diametrically opposite pairings. By (5.1) the maximum is $\cosh(\varrho(z, w)/2) = 1 + \sqrt{2}$.

If all pairings are not diametrically opposite, there exists a mapping $g \in G \setminus I$ with $\cosh(T_g/2) < 1 + \sqrt{2}$. Since

$$\cosh \frac{1}{2} T_g = \tau(g)/2,$$

$\tau(g) < 2(1 + \sqrt{2})$. Theorem 5.1 now gives the result.

Theorem 5.2. *Let G be a Fuchsian group of signature $(2,0)$ and let G have a Dirichlet region $D(z)$ which is a convex octagon. Then*

$$\max_G \min \{|\tau(g)| \mid g \in G \setminus I\} = 2(1 + \sqrt{2}),$$

attained when G is the regular octagon group of Theorem 5.1.

Proof. There is a pair of equivalent points on the maximal circle with center z contained by the octagonal Dirichlet region. Hence the result follows from the Remark of Theorem 4.1 and from Lemma 5.1.

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University of Helsinki
Department of Mathematics
SF—00100 Helsinki 10
Finland

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