UNIVERSAL LOCAL PARAMETRIZATIONS VIA HEAT KERNELS AND EIGENFUNCTIONS OF THE LAPLACIAN

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Abstract. We use heat kernels or eigenfunctions of the Laplacian to construct local coordinates on large classes of Euclidean domains and Riemannian manifolds (not necessarily smooth, e.g. with \mathscr{C}^{α} metric). These coordinates are bi-Lipschitz on embedded balls of the domain or manifold, with distortion constants that depend only on natural geometric properties of the domain or manifold. The proof of these results relies on estimates, from above and below, for the heat kernel and its gradient, as well as for the eigenfunctions of the Laplacian and their gradient. These estimates hold in the non-smooth category, and are stable with respect to perturbations within this category. Finally, these coordinate systems are intrinsic and efficiently computable, and are of value in applications.

1. Introduction

The concept of a coordinate chart for a manifold is quite old, but it has only recently become a subject of intensive study for data sets. In this paper we will state and prove a new theorem for coordinate charts on Riemannian manifolds. This result is meant to explain the empirically observed robustness of certain coordinate charts for data sets, Before stating our results, we explain in more detail the setting, first for manifolds, and then for data sets.

Let $\mathcal M$ be a Riemannian manifold. A coordinate chart (more precisely, a restriction of one) can be viewed as a mapping from a metric ball $B \subset \mathcal{M}$ into \mathbb{R}^d , where d is the topological dimension of $\mathcal M$. This mapping has the form ¢

$$
F(x) = (f_1(x), f_2(x), \ldots, f_d(x)).
$$

It is natural to ask for F to have low distortion. Let $F(B) = \tilde{B} \subset \mathbb{R}^d$. By assumption F is a one to one mapping from B to \tilde{B} . The Lipschitz norm of F is defined as

$$
||F||_{\text{Lip}} = \sup_{\substack{x,y \in B \\ x \neq y}} \frac{||F(x) - F(y)||}{d_{\mathscr{M}}(x,y)}
$$

doi:10.5186/aasfm.2010.3508

²⁰⁰⁰ Mathematics Subject Classification: Primary 58J65, 35P99.

Key words: Heat kernel bounds, eigenfunction bounds, local charts, distortion estimates, bi-Lipschitz mappings, non-linear dimension reduction.

where $d_{\mathscr{M}}(\cdot, \cdot)$ is the metric on \mathscr{M} and $\|\cdot\|$ is the usual Euclidean metric on \mathbb{R}^d . Similarly, one sets

$$
||F^{-1}||_{\text{Lip}} = \sup_{\substack{x,y \in B \\ x \neq y}} \frac{d_{\mathscr{M}}(x,y)}{||F(x) - F(y)||}.
$$

Then the distortion of F on B is defined to be

(1.0.1)
$$
Distortion(F, B) := ||F||_{\text{Lip}} \times ||F^{-1}||_{\text{Lip}}.
$$

It is worth recalling at this point a prime example of a coordinate chart, namely the coordinate chart on a simply connected planar domain $\mathscr D$ given by a Riemann mapping F from $\mathscr D$ to the unit disc **D**. Let $z_0 \in \mathscr D$ and define $r = \text{dist}(z_0, \partial \mathscr D)$. If we choose our Riemann map F to satisfy $F(z_0) = 0$, then the distortion theorems of classical complex analysis (see e.g. [38, page 21]) state that F maps the disc $B(z_0, \frac{r}{2})$ $\frac{r}{2})$ onto "almost" the unit disc, with low distortion:

(1.0.2)
$$
B(0, \kappa^{-1}) \subset F(B(z_0, \frac{r}{2})) \subset B(0, 1 - \kappa^{-1}),
$$

(1.0.3) Distribution
$$
(F, B(z_0, \frac{r}{2})) \le \kappa
$$
.

In other words, on $B(z_0, \frac{r}{2})$ $(\frac{r}{2})$, F is a perturbation (in the proper sense) of the linear map given by $z \to F'(z_0)(z - z_0)$, and $|F'(z_0)| \sim \frac{1}{r}$.

In this paper we will look for an analogue of $(1.0.2)$ and $(1.0.3)$ above, but in the setting of Riemannian manifolds. We will show that on Riemannian manifolds of finite volume there is a *locally* defined F that has these properties, and that this choice of F will come from globally defined Laplacian eigenfunctions. On a metric embedded ball $B\subset\mathscr{M}$ we will choose global Laplacian eigenfunctions $\varphi_{i_1},\varphi_{i_2},\ldots,\varphi_{i_d}$ and constants $\gamma_1, \gamma_2, \ldots, \gamma_d \leq \kappa$ (for a universal constant κ) and define ¢

(1.0.4)
$$
\Phi := (\gamma_1 \varphi_{i_1}, \gamma_2 \varphi_{i_2}, \dots, \gamma_d \varphi_{i_d}).
$$

This choice of Φ , depending heavily on z_0 and r, is globally defined, and on $B(z_0, \kappa^{-1}r)$ enjoys the same properties as the Riemann map does in (1.0.2) and (1.0.3). In other words, Φ maps $B(z_0, \kappa^{-1}r)$ to, roughly, a ball of unit size, with low distortion. Here we should point out the 1994 paper of Bérard et al. [5] where a weighted infinite sequence of eigenfunctions is shown to provide a global coordinate system (points in the manifold are mapped to ℓ_2). To our knowledge this was the first result of this type in Riemannian geometry. Our results can be viewed as a strengthening of their work, and have as a consequence the statement that for a compact manifold without boundary, a good global coordinate system is given by the eigenfunctions φ_i with eigenvalues $\lambda_j < \kappa R_{\text{inj}}^{-2}$. Here R_{inj} is the inradius of \mathscr{M} , i.e. the largest $r > 0$ such that for all $x \in \mathcal{M}$, $B(x,r)$ is an embedded ball.

The impetus for this paper and its results comes from certain recent results in the analysis of data sets. A recurrent idea is to approximate a data set, or a portion of it, lying in high dimensional space, by a manifold of low dimension, and find a parametrization of such data set or manifold. This process sometimes goes under the name of manifold learning, or linear or nonlinear dimensionality reduction. This type of work has been in part motivated by spectral graph theory [8] and spectral geometry [7, 23, 17] (and references therein). Let ${x_j}_1^N$ be a collection of data points in a metric space X . It is frequently quite difficult to extract any information from the data as it is presented. One solution is to embed the points in \mathbb{R}^n for n perhaps quite

large, and then use linear methods (e.g. those using singular value decomposition) to obtain a dimensional reduction of the data set. In certain situations however linear methods are insufficient. For this reason, there has recently been great interest in nonlinear methods.¹ Unfortunately such techniques seldomly come with guarantees on their capabilities of indeed finding local parametrization (but see, for example, [18, 19, 52]), or on quantitative statements on the quality of such parametrizations.

One of these methods, diffusion geometry, operates by first defining a kernel $K(x_j, x_k)$ on the data set, and then altering this slightly to obtain a self-adjoint matrix $(m_{i,k})$ that roughly corresponds to the generator of a diffusion process. The eigenvectors of the matrix, should be seen as corresponding to Laplacian eigenfunctions on a manifold. One (judiciously) selects a collection $v_{i_1}, v_{i_2}, \ldots, v_{i_m}$ of eigenvectors and maps

$$
(1.0.5) \t x_k \to (v_{i_1}, v_{i_2}, \dots, v_{i_m}) \in \mathbf{R}^m.
$$

Careful choices of collections of eigenvectors have been empirically observed to give excellent representations of the data in a very low dimensional Euclidean space. What has been unclear is why this method should prove so successful. Our results show that in the case of Riemannian manifolds, one can prove that this philosophy is not just correct, but also robust. It is to be said that researchers so far have restricted their attention to the case when the lowest frequency eigenfunctions are selected, i.e. $i_1 = 1, i_2 = 2, \ldots, i_m = m \; [47, 2, 4, 10, 12, 9].$

Given these results, it is plausible to guess that an analogous result should hold for a local piece of a data set if that piece has in some sense a "local dimension" approximately d . There are certain difficulties with this philosophy. The first is that graph eigenfunctions are global objects and any definition of "local dimension" may change from point to point in the data set. A second difficulty is that our results for manifolds depend on classical estimates for eigenfunctions. This smoothness may be lacking in graph eigenfunctions.

It turns out that another of our manifold results does not suffer from these serious problems when working on a data set. We introduce simple "heat coordinate" systems on manifolds. Roughly speaking (and in the language of the previous paragraph) these are d choices of manifold heat kernels that form a robust coordinate system on $B(z_0, \kappa^{-1}r)$. We call this method "heat triangulation" in analogy with triangulation as practiced in surveying, cartography, navigation, and modern GPS. Indeed our method is a simple translation of these classical triangulation methods, and has a closed formula on \mathbb{R}^d , which we note has infinite volume! (Our result on heat kernels makes no assumptions on the volume of the manifold.) For data sets, heat triangulation is a much more stable object than eigenfunction coordinates because:

- Heat kernels are local objects (see e.g. Proposition 3.3.2).
- If a manifold $\mathscr M$ is approximated by discrete sets X, the corresponding graph heat kernels converge rather nicely to the manifold heat kernel. This is studied for example in [29, 10, 11, 3].

¹Examples of such disparate applications include document analysis [14], face recognition [25], clustering [35, 1], machine learning [4, 36, 50, 32, 31, 51], nonlinear image denoising and segmentation [43, 50], processing of articulated images [19], cataloguing of galaxies [20], pattern analysis of brain potentials [30] and EEG data [42], and the study of brain tumors [6]. A variety of algorithms for manifold learning have been proposed [39, 3, 4, 29, 10, 12, 13, 52, 57, 19, 53, 54, 41, 40].

- One has good statistical control on smoothness of the heat kernel, simply because one can easily examine it and because one can use the Hilbert space ${f \in L^2 \colon \nabla f \in L^2}.$
- Our results that use eigenfunctions rely in a crucial manner on Weyl's Lemma, whereas heat kernel estimates do not.

In a future paper we will return to applications of this method to data sets. The philosophy used in this paper is as follows.

- Step 1. Find suitable points y_j , $1 \leq j \leq d$ and a time t so that the mapping given by heat kernels $(x \to K_t(x, y_1), \ldots, K_t(x, y_d))$ is a good local coordinate system on $B(z, \kappa^{-1}r)$. (This is heat triangulation.)
- Step 2. Use Weyl's Lemma to find suitable eigenfunctions φ_{i_j} so that (with $K_j(x) =$ $K_t(x, y_i)$ one has large gradient.

Each point $y \in \mathcal{M}$ gives rise to a heat kernel $K_t(x, y)$. One may think of Step 1 as sampling this family of heat kernels $K_t(x, y)$ at d different choices y_1, \ldots, y_d . Indeed, with high probability, randomly chosen points from the appropriate annulus will be suitable. Step 2 corresponds to sampling the vector $\{\varphi_j(x)e^{\lambda_j t}\}_j$ d times, once for each point y_1, \ldots, y_d . This last sampling, where we choose an index j, cannot be performed randomly! (See example in Section 5.1).

At this point we would like to note an advantage that local parametrization by eigenfunctions has over heat kernel triangulation (which we do not discuss in this paper). Consider the planar domain $[0, 3\epsilon] \times [0, 3]$. Then, using only two Neumann eigenfunctions, one gets a good parametrization of the rectangle $[\epsilon, 2\epsilon] \times [1, 2]$. On the other hand, in order to get parametrization of similar distortion using heat kernel triangulation, on needs to use $\sim \frac{1}{6}$ $\frac{1}{\epsilon}$ different heat kernels.

To see where our philosophy comes from, we return for a moment to the setting of a simply connected planar domain $\mathscr D$ of area = 1. Let $z_0 \in \mathscr D$ and r be as in the discussion before equation (1.0.2). With the choice of Riemann mapping F , with $F(z_0) = 0$ we have the classical formula known to Riemann:

(1.0.6)
$$
F(z) = \exp\{-G(z, z_0) - iG^*(z, z_0)\}.
$$

Here $G(\cdot, z_0)$ is Green's function for the domain \mathscr{D} , with pole at z_0 , and G^* is the multivalued conjugate of G. Thus, all information about F on $B(z_0, \frac{r}{2})$ $(\frac{r}{2})$ is encoded in $G(z, z_0)$. Recall that

(1.0.7)
$$
G(z, z_0) = \int_{0}^{\infty} K(z, z_0, t) dt,
$$

where K is the (Dirichlet) heat kernel for \mathscr{D} . Thus the behavior of F can be read off the information on $K(z, z_0, t)$. Now write

(1.0.8)
$$
K(z, z_0, t) = \sum_{j=1}^{\infty} \varphi_j(z) \varphi_j(z_0) e^{\lambda_j t},
$$

where $\{\varphi_j\}$ is the collection of Dirichlet eigenfunctions (normalized to have L^2 norm $= 1$) and $\Delta \varphi_j = \lambda_j \varphi_j$. Notice that

(1.0.9)
$$
|F'(z)| = |\nabla G(z, z_0)|e^{-G(z, z_0)}.
$$

Since $|F'(z)| \sim \frac{1}{r}$ on $B(z_0, \frac{r}{2})$ $(\frac{r}{2})$, it is reasonable to guess from the above identities that there are eigenfunctions φ_j such that

$$
(1.0.10) \t |\nabla \varphi_j| \gtrsim \frac{1}{r}
$$

on $B(z_0, \kappa^{-1}r)$, for some $\kappa > 1$, independent of \mathscr{D} . (More precisely, a short calculation with Weyl's estimates makes this reasonable.) This simple reasoning turns out to be correct and the main idea of this paper. The proof does not depend on any properties of holomorphic functions, but runs with equal ease in any dimension. This is because it only requires estimates on the heat kernel, Laplacian eigenfunctions and their derivatives, all of which are real variable objects.

The paper is organized in a top-bottom fashion, as follows. In Section 2 we state the main results, in Section 3 we present the main Lemmata, the proofs of the main results, and important estimates on the heat kernel and eigenfunctions of the Laplacian, together with their proofs, but mostly only in the Euclidean case. For the purpose of completeness we have recorded here proofs of several known estimates, over which the experts may wish to skip. In Section 3.5 we present the material for generalizing most estimates to the manifold case. Finally, we discuss some examples in Section 5.

2. Results

2.1. Euclidean domains. We first present the case of Euclidean domains. While our results in this setting follow from the more general results for manifolds discussed in the next section, the case of Euclidean domains is of independent interest, and the exposition of the main result as well as the proof in this case is simpler in the several technical respects.

We consider the heat equation in Ω , a finite volume domain in \mathbb{R}^d , with either Dirichlet or Neumann boundary conditions i.e., respectively,

$$
\begin{cases}\n(\Delta - \frac{\partial}{\partial t})u(x, t) = 0, & \text{or} \quad \begin{cases}\n(\Delta - \frac{\partial}{\partial t})u(x, t) = 0, \\
u|_{\partial \Omega} = 0,\n\end{cases} \\
\end{cases}
$$

Here ν is the outer normal on $\partial\Omega$. Independently of the boundary conditions, Δ denotes the Laplacian on Ω . In this paper we restrict our attention to domains where the spectrum is discrete and the corresponding heat kernel can be written as

(2.1.1)
$$
K_t(z, w) = K_t^{\Omega}(z, w) = \sum_{j=0}^{+\infty} \varphi_j(z) \varphi_j(w) e^{-\lambda_j t}.
$$

where the $\{\varphi_i\}$ form an orthonormal basis of eigenfunctions of Δ , with eigenvalues $0 \leq \lambda_0 \leq \cdots \leq \lambda_j \leq \ldots$. We also require a (non-asymptotic) Weyl-type estimate: there is a constant C_{count} such that for any $T > 0$

(2.1.2)
$$
\# \{ j : 0 < \lambda_j \leq T \} \leq C_{\text{count}} T^{\frac{d}{2}} |\Omega|.
$$

In the Dirichlet case C_{count} does not depend on Ω (see remark 3.4.3). For the Dirichlet case the only substantial problem is that the eigenfunctions may fail to vanish at the boundary. This in turn only occurs if there are boundary points where the Wiener series (for the boundary) converges [55, 28]. For the Neumann case the situation is more complicated [34, 26, 33]. In particular, there are domains with arbitrary closed

continuous Neumann spectrum [26]. We therefore restrict ourselves in this paper to domains (and, later, manifolds) where conditions (2.1.1) and (2.1.2) are valid. More general boundary conditions can be handled in similar fashion, since our analysis is local and depends on the boundary conditions only through the properties above.

I and depends on the boundary conditions only through $\mathfrak l$
Finally, here and throughout the manuscript, we define $\mathfrak f$ B $f:=\frac{1}{|B|}\int\limits_{B}$ f.

Theorem 2.1.1. (Embedding via eigenfunctions, for Euclidean domains) Let Ω be a finite volume domain in \mathbb{R}^d , rescaled so that $|\Omega|=1$. Let Δ be the Laplacian in Ω , with Dirichlet or Neumann boundary conditions, and assume that $(2.1.1)$ and $(2.1.2)$ hold. Then is a constant $\kappa > 1$ that depends only on d such that the following hold.

For any $z \in \Omega$, let $\rho \leq$ dist $(z, \partial \Omega)$. Then there exist integers i_1, \ldots, i_d such that, if we let

$$
\gamma_l = \left(\int\limits_{B(z,\kappa^{-1}\rho)} \varphi_{i_l}^2\right)^{-\frac{1}{2}}, \ \ l = 1,\ldots,d,
$$

we have that

(a) the map

Φ: B(z, κ[−]¹ ρ) → R^d (2.1.3) ,

(2.1.4)
$$
x \mapsto (\gamma_1 \varphi_{i_1}(x), \dots, \gamma_d \varphi_{i_d}(x))
$$

satisfies, for any $x_1, x_2 \in B(z, \kappa^{-1}\rho)$,

(2.1.5)
$$
\frac{\kappa^{-1}}{\rho} \|x_1 - x_2\| \leq |\Phi(x_1) - \Phi(x_2)| \leq \frac{\kappa}{\rho} \|x_1 - x_2\|;
$$

(b) the associated eigenvalues satisfy

$$
\kappa^{-1}\rho^{-2} \leq \lambda_{i_1}, \ldots, \lambda_{i_d} \leq \kappa \rho^{-2};
$$

(c) the constants γ_l satisfy

$$
\gamma_1,\ldots,\gamma_d\leq \kappa \left(C_{\text{count}}\right)^{\frac{1}{2}}.
$$

Remark 2.1.2. In item (c) above, it will also be the case that $\kappa^{-1} \rho^{\frac{d}{2}} \leq \gamma_i$.

Remark 2.1.3. The dependence on C_{count} is only needed in the Neumann case because, unlike the Dirichlet case, the upper bound in Weyl's Theorem depends on the domain. See Remark 3.4.3 for a more precise statement.

2.2. Manifolds with \mathscr{C}^{α} metric. The results above can be extended to certain classes of manifolds. In order to formulate a result corresponding to Theorem 2.1.1 we must first carefully define the manifold analogue of dist($z, \partial\Omega$). Let M be a smooth, d-dimensional compact manifold, possibly with boundary. Suppose we are given a metric tensor g on M which is \mathscr{C}^{α} for some $\alpha \in (0,1]$. For any $z_0 \in \mathscr{M}$, let (U, F) be a coordinate chart such that $z_0 \in U$ and normalized so that

$$
(i) g^{il}(F(z_0)) = \delta^{il}.
$$

Then we assume that

(ii) for any $x \in U$, and any $\xi, \nu \in \mathbf{R}^d$,

(2.2.1)

$$
c_{\min}(g) \|\xi\|_{\mathbf{R}^d}^2 \le \sum_{i,j=1}^d g^{ij}(F(x))\xi_i\xi_j \text{ and}
$$

$$
\sum_{i,j=1}^d g^{ij}(F(x))\xi_i\nu_j \le c_{\max}(g) \|\xi\|_{\mathbf{R}^d} \|\nu\|_{\mathbf{R}^d}.
$$

We let

$$
(2.2.2) \t\t r_U(z_0) = \sup\{r > 0: B_r(F(z_0)) \subseteq F(U)\}.
$$

Observe that, when g is at least \mathscr{C}^2 , r_U can be taken to be less than the inradius, with local coordinate chart (U, F) given by the exponential map at z. The chart (U, F) may intersect the boundary with no consequence, as all of the work will be done inside $B(z_0, r_U)$. We denote by $||g||_{\alpha}$ the maximum over all i, j of

$$
\sup_{x \neq y} \frac{|g^{ij}(F(x)) - g^{ij}(F(y))|}{|F(x) - F(y)|^{\alpha}}
$$

for x, y in U. The natural volume measure $d\mu$ on the manifold is given, in any local for x, y in ψ . The natural volume measure $a\mu$ on the manifold is given, in any local chart, by $\sqrt{\det g}$; conditions (2.2.1) guarantee in particular that $\det g$ is uniformly bounded below from 0. Let Δ_M be the Laplace Beltrami operator on M. In a local chart, we have

(2.2.3)
$$
\Delta_{\mathscr{M}}f(x) = -\frac{1}{\sqrt{\det g}} \sum_{i,j=1} \partial_j \left(\sqrt{\det g} \, g^{ij}(F(x)) \partial_i f \right) (F(x)),
$$

when g is smooth enough (e.g. $g \in \mathcal{C}^1$). In general one defines the Laplacian through its associated quadratic form [16, 15]. Conditions (2.2.1) are the usual uniform ellipticity conditions for the operator (2.2.3). With Dirichlet or Neumann boundary conditions, $\Delta_{\mathscr{M}}$ is self-adjoint on $L^2(\mathscr{M}, \mu)$. We will assume that the spectrum is discrete, denote by $0 \leq \lambda_0 \leq \cdots \leq \lambda_j \leq$ its eigenvalues and by $\{\varphi_j\}$ the corresponding orthonormal basis of eigenfunctions, and write equations (2.1.1) and $(2.1.2)$ with Ω replaced by \mathscr{M} .

Theorem 2.2.1. (Embedding via eigenfunctions, for manifolds) Let (\mathcal{M}, g) , $z \in$ M be a d dimensional manifold and (U, F) be a chart as above. Assume $|\mathcal{M}| = 1$. There is a constant $\kappa > 1$, depending on d, c_{\min} , c_{\max} , $||g||_{\alpha}$, α such that the following hold.

Let $\rho \leq r_U(z)$. Then there exist integers i_1, \ldots, i_d such that if we let

$$
\gamma_l = \left(\int\limits_{B(z,\kappa^{-1}\rho)} \varphi_{i_l}^2\right)^{-\frac{1}{2}}, \ \ l = 1,\ldots,d,
$$

we have that

(a) the map

Φ: B(z, κ[−]¹ ρ) → R^d (2.2.4) ,

(2.2.5)
$$
x \mapsto (\gamma_1 \varphi_{i_1}(x), \dots, \gamma_d \varphi_{i_d}(x))
$$

satisfies for any $x_1, x_2 \in B(z, \kappa^{-1} \rho)$

(2.2.6)
$$
\frac{\kappa^{-1}}{\rho} d_{\mathcal{M}}(x_1, x_2) \leq \|\Phi(x_1) - \Phi(x_2)\| \leq \frac{\kappa}{\rho} d_{\mathcal{M}}(x_1, x_2);
$$

(b) the associated eigenvalues satisfy

$$
\kappa^{-1}\rho^{-2} \leq \lambda_{i_1}, \dots, \lambda_{i_d} \leq \kappa \rho^{-2};
$$

(c) the constants γ_l satisfy

$$
\gamma_1, \ldots, \gamma_d \leq \kappa (C_{\text{count}})^{\frac{1}{2}}.
$$

Remark 2.2.2. As in the Euclidean case, in item (c) above, it will also be the case that $\kappa^{-1}\rho^{\frac{d}{2}} \leq \gamma_j$

Remark 2.2.3. Most of the proof is done on the local chart (U, F) containing z. An inspection of the proof shows that we use only the norm $||g||_{\alpha}$ of the g restricted to this chart.

Remark 2.2.4. When rescaling Theorem 2.2.1, it is important to note that if f is a Hölder function with $||f||_{\mathscr{C}^{\alpha}} = A$ and $f_r(z) = f(r^{-1}z)$, then $||f_r||_{\mathscr{C}^{\alpha}} = Ar^{\alpha}$. Since we will have $r < 1$, f_r satisfies a better Hölder estimate then f, i.e.

$$
||f_r||_{\mathscr{C}^{\alpha}} = Ar^{\alpha} < A = ||f||_{\mathscr{C}^{\alpha}}.
$$

We will repeatedly use this observation when discussing manifolds with \mathscr{C}^{α} metric.

Remark 2.2.5. We do not know, in both Theorem 2.1.1 and Theorem 2.2.1, whether it is possible to choose eigenfunctions such that $\gamma_1 \sim \gamma_2 \sim \ldots \sim \gamma_d$. If this were so, the map $x \mapsto (\varphi_{i_1}(x), \ldots, \varphi_{i_d}(x))$ would be a low distortion map whose image has diameter $\geq \kappa^{-1}$.

Remark 2.2.6. As was noted by Guibas, when \mathcal{M} has a boundary, in the case of Neumann boundary values, one may consider the "doubled" manifold, and may apply our result for a possibly larger $r_U(z)$.

Clearly Theorem 2.1.1 is a particular case of Theorem 2.2.1, but the proof of the former is significantly easier in that one can use standard estimates on eigenfunctions of the Laplacian and their derivatives. For the sake of presentation we present one proof for both Theorems, but two sets of required Lemmata for those estimates which are significantly different in the two cases.

Remark 2.2.7. The method of the proofs also gives a result independent of the constant C_{count} : Let (\mathcal{M}, g) and $z \in \mathcal{M}$ be as in Theorem 2.2.1. Let $\eta > 0$, and assume that for any $x \in \mathcal{M}$ we have a chart (U, F) such that $r_U(x) \geq \eta > 0$ (in particular, \mathscr{M} has no boundary). Then for $\rho \leq \eta$ the same results as in Theorem 2.2.1 hold, except the constant κ depends only on d, c_{\min} , c_{\max} , $||g||_{\alpha}$, α and not on C_{count} . This is due to the fact that C_{count} becomes universal for values of $T > \eta^{-2}$.

Another, in some sense stronger, result is true. One may replace the d eigenfunctions in Theorem 2.2.1 by d heat kernels ${K_t(z, y_i)}_{i=1,\dots,d}$. In fact such heat kernels arise naturally in the main steps of the proofs of Theorem 2.1.1 and Theorem 2.2.1. This leads to an embedding map with even stronger guarantees:

Theorem 2.2.8. (Heat Triangulation Theorem) Let (\mathcal{M}, g) , $z \in \mathcal{M}$ and (U, F) be as above, with the exception we now make no assumptions on the finiteness of

the volume of M and the existence of C_{count} . Let $\rho \leq r_U(z)$. Let p_1, \ldots, p_d be d linearly independent directions. There are constants $c > 0$ and $c', \kappa > 1$, depending on d, c_{\min} , c_{\max} , $\rho^{\alpha} \|g\|_{\alpha}$, α , and the smallest and largest eigenvalues of the Gramian matrix $(\langle p_i, p_j \rangle)_{i,j=1,\dots,d}$, such that the following holds. Let y_i be so that $y_i - z$ is in the direction p_i , with $c\rho \le d_{\mathcal{M}}(y_i, z) \le 2c\rho$ for each $i = 1, ..., d$ and let $t = \kappa^{-1} \rho^2$. The map

$$
(2.2.7) \t\t x \mapsto (\rho^d K_t(x, y_1)), \dots, \rho^d K_t(x, y_d))
$$

satisfies, for any $x_1, x_2 \in B(z, \kappa^{-1} \rho)$,

(2.2.8)
$$
\frac{\kappa^{-1}}{c'\rho} d_{\mathscr{M}}(x_1, x_2) \leq \|\Phi(x_1) - \Phi(x_2)\| \leq \frac{\kappa c'}{\rho} d_{\mathscr{M}}(x_1, x_2).
$$

The reason for the factor ρ^{α} which we have in $\rho^{\alpha}||g||_{\alpha}$ above is to get scaling invariance.

This theorem holds for the manifold and Euclidean case alike, and depends only on the heat kernel estimates (and its gradient). We again note that for this particular Theorem we require no statement about the volume of the manifold, the existence of $L²$ Laplacian eigenfunctions, or their number. The constants for the Euclidean case, depend only on dimension, and not on the domain. The content of this theorem is that one is able to choose the directions $y_i - z$ randomly on a sphere, and with high probability on gets a low distortion map. This gives rise to a sampling theorem.

One may replace the (global) heat kernel above with a local heat kernel, i.e. the heat kernel for the ball $B(z, \rho)$ with the metric induced by the manifold and Dirichlet boundary conditions. In fact, this is a key idea in the proof of all of the above Theorems. Thus, on the one hand our results are local, i.e. independent of the global geometry of the manifold, yet on the other hand they are in terms of global eigenfunctions.

As is clear from the proof, all theorems hold for more general boundary conditions. This is especially true for the Heat Triangulation Theorem, which does not even depend on the existence of a spectral expansion for the heat kernel.

Example 2.2.9. It is a simple matter to verify this Theorem for the case where the manifold in \mathbb{R}^d . For example if $d = 2$, $\rho = 1$, and $z = 0$, $y_1 = (-1,0)$ and $y_2 = (0, -1)$. Then if $K_t(x, y)$ is the Euclidean heat kernel,

$$
x \to (K_1(x, y_1), K_1(x, y_2))
$$

is a (nice) biLipschitz map on B $(0,0), \frac{1}{2}$ $\frac{1}{2}$). (The result for arbitrary radii then follows from a scaling argument). This is because on can simply evaluate the heat kernel

$$
K_t(x,y) = \frac{1}{4\pi t} e^{-\frac{|x-y|^2}{4t}}.
$$

So in $B_{\frac{1}{2}}((0,0))$

$$
\nabla K_1(x, y_1) \sim \frac{1}{2\pi} e^{-\frac{1}{4}}(1, 0)
$$
 and $\nabla K_1(x, y_2) \sim \frac{1}{2\pi} e^{-\frac{1}{4}}(0, 1).$

Acknowledgments. The authors would like to thank K. Burdzy, R. R. Coifman, P. Gressman, N. Tecu, H. Smith and A. D. Szlam for useful discussions during the preparation of the manuscript, as well as IPAM for hosting these discussions and more. P.W. Jones is grateful for partial support from NSF DMS 0501300. M. Maggioni is grateful for partial support from NSF DMS 0650413, NSF CCF 0808847 and ONR N00014-07-1-0625. R. Schul is grateful for partial support from NSF DMS 0502747. The main theorems were reported in the announcement [27].

3. The proof of Theorems 2.1.1 and 2.2.1

The proofs in the Euclidean and manifold case are similar. In this section we present the steps of the proofs of Theorems 2.1.1, 2.2.1 we will postpone the technical estimates needed to later sections.

Because we may change base points, we will use R_z (or similarly, R_w) in place of ρ. We will also interchange between $B(x, r)$ and $B_r(x)$.

Remark 3.0.10. (Some remarks about the manifold case)

(a) As mentioned in Remark 2.2.3, we will often restrict to working on a single (fixed!) chart in local coordinates. When we discuss moving in a direction p , we mean in the local coordinates.

(b) We will use Brownian motion arguments (on the manifold). In order to have existence and uniqueness one needs smoothness assumptions on the metric (say, \mathscr{C}_2^2 , albeit less would suffice, see e.g. [37]). Therefore we will first prove the Theorem in the manifold case in the \mathscr{C}^2 metric category, and then use perturbation estimates to obtain the result for $g \in \mathscr{C}^{\alpha}$. To this end, we will often have dependence on $||g||_{\alpha}$ even though we will be (for a specific Lemma or Proposition) assuming the $g \in \mathscr{C}^2$.

Notation. In what follows, we will write $f(x) \leq_{c_1,\dots,c_n} g(x)$ if there exists a constant C depending only on c_1, \ldots, c_n , and not on f, g or x, such that $f(x) \leq$ $Cg(x)$ for all x (in a specified domain). We will write $f(x) \sim_{c_1,\dots,c_n} g(x)$ if both $f(x) \lesssim_{c_1,\dots,c_n} g(x)$ and $g(x) \lesssim_{c_1,\dots,c_n} f(x)$. If f, g take values in \mathbf{R}^d the inequalities are intended componentwise. We will write $a \sim_{C_1}^{C_2}$ C_2 b if $C_1b \le a \le C_2b$ (componentwise for a, b vectors).

In what follows we will write $\partial_n K_t(\cdot, \cdot)$ to denote the partial derivative with respect to the second variable of a heat kernel at time t.

3.1. The Case of $g \in \mathscr{C}^2$. We note that even though we assume $g \in \mathscr{C}^2$, we only use the \mathscr{C}^{α} norm of g. The idea of the proof of Theorems 2.1.1 and 2.2.1 is as follows. We start by fixing a direction p_1 at z. We would like to find an eigenfunction φ_{i_1} such that $|\partial_{p_1}\varphi_{i_1}| \gtrsim R_z^{-1}$ on $B_{c_1R_z}(z)$. In order to achieve this, we start by showing that the heat kernel has large gradient in an annulus of inner and outer radius $\sim R_z^{-1}$ around y_1 (y_1 chosen such that z is in this annulus, in direction p_1). We then show that the heat kernel and its gradient can be approximated on this annulus by the partial sum of $(2.1.1)$ over eigenfunctions φ_{λ} which satisfy both $\lambda \sim R_z^{-2}$ and $R_z^{-\frac{d}{2}} \|\varphi_\lambda\|_{L^2(B_{c_1R_z}(z))} \gtrsim 1$. By the pigeon-hole principle, at least one such eigenfunction, let it be φ_{i_1} has a large partial derivative in the direction p_1 . We then consider $\nabla \varphi_{i_1}$ and pick $p_2 \perp \nabla \varphi_{i_1}$ and by induction we select $\varphi_{i_1}, \ldots, \varphi_{i_d}$, making sure that at each stage we can find φ_{i_k} , not previously chosen, satisfying $|\partial_{p_k}\varphi_{i_k}| \sim R_z^{-1}$ on $B_{c_1R_z}(z)$. We finally show that for the proper choice of constants $\gamma_1, \ldots, \gamma_d \lesssim 1$, the map $\Phi := (\gamma_1 \varphi_{i_1}, \ldots, \gamma_d \varphi_{i_d})$ satisfies the desired properties.

When working on a manifold, we assume in what follows that we fix a local chart containing $B_{R_z}(z)$, as at the beginning of section 2.2.

Step 1. Estimates on the heat kernel and its gradient. Let K be the Dirichlet or Neumann heat kernel on Ω or $\mathscr M$, corresponding to one of the Laplacian operators considered above associated with q and the fixed α .

Assumption A.1. Assume $g \in \mathscr{C}^2$, and let $\alpha \in (0,1]$ be given and fixed. Let constants $\delta_0, \delta_1 > 0$ depend on d, $c_{\min}, c_{\max}, ||g||_{\alpha}, \alpha$. We consider $z, w \in \Omega$ satisfying $\frac{\delta_1}{2} R_z < t^{\frac{1}{2}} < \delta_1 R_z$ and $|z - w| < \delta_0 R_z$.

Remark 3.1.1. Proposition 3.1.2 below makes no assumptions on the finiteness of the volume of $\mathscr M$ and the existence of C_{count} . It is also used in the proof of Theorem 2.2.8.

Proposition 3.1.2. Assume Assumption A.1, δ_0 sufficiently small, and δ_1 is sufficiently small depending on δ_0 . Then there are constants $C_1, C_2, C'_1, C'_2, C_9 > 0$, that depend on d, δ_0 , δ_1 , c_{\min} , c_{\max} , $R_z^{\alpha} ||g||_{\alpha}$, α , such that the following hold:

(i) the heat kernel satisfies

$$
(3.1.1) \t K_t(z,w) \sim_{C_1}^{C_2} t^{\frac{-d}{2}};
$$

(ii) if $\frac{1}{2}\delta_0 R_z$ < $|z-w|$, p is a unit vector in the direction of $z-w$, and q is arbitrary unit vector, then

$$
(3.1.2) \qquad |\nabla K_t(z,w)| \sim_{C_1'}^{C_2'} t^{\frac{-d}{2}} \frac{R_z}{t} \quad \text{and} \quad |\partial_p K_t(z,w)| \sim_{C_1'}^{C_2'} t^{\frac{-d}{2}} \frac{R_z}{t},
$$

(3.1.3)
$$
\left| \partial_q K_t(z, w) - \partial_q K_t^{\mathbf{R}^d}(z, w) \right| \leq C_9 t^{\frac{-d}{2}} \frac{R_z}{t},
$$

where $C_9 \to 0$ as $\delta_1 \to 0$ (with δ_0 fixed); here, $K_t^{\mathbf{R}^d}(z, w)$ is the usual Euclidean heat kernel;

(iii) if
$$
\frac{1}{2}\delta_0 R_z < |z - w|
$$
, and q is as above, then for $s \le t$,

$$
(3.1.4) \quad K_s(z,w) \lesssim_{C_2} t^{\frac{-d}{2}}, \ |\nabla K_s(z,w)| \lesssim_{C'_2} t^{\frac{-d}{2}} \frac{R_z}{t} \text{ and } |\partial_q K_s(z,w)| \lesssim_{C'_2} t^{\frac{-d}{2}} \frac{R_z}{t};
$$

(iv) C_1, C_2 both tend to a single function of d, c_{\min} , c_{\max} , $||g||_{\alpha}$, α , as δ_1 tends to 0 with δ_0 fixed;

The reason for the factor of R_2^{α} which we have in $R_2^{\alpha}||g||_{\alpha}$ above is to get scaling invariance. Proposition 3.1.2 is proved in subsection 3.3.1 for the Euclidean case and in subsection 3.5.3.

We continue with the proof of Theorem 2.1.1 and 2.2.1. From here on, unless explicitly stated, we assume the existence C_{count} . We have the spectral expansion

(3.1.5)
$$
K_t(x,y) = \sum_{j=0}^{+\infty} e^{-\lambda_j t} \varphi_j(x) \varphi_j(y).
$$

Remark 3.1.3. The assumptions of Theorems 2.1.1 and 2.2.1 say that $|\mathcal{M}| = 1$ (manifold case) or $|\Omega| = 1$ (Euclidean domain case). Thus, unless explicitly stated, we will assume in the lemmata below that we have $R_z \lesssim_{d,c_{\min},c_{\max},\|g\|_{\alpha},\alpha} 1$.

The following steps aim at replacing appropriately chosen heat kernels by a set of eigenfunctions, by extracting the "leading terms" in their spectral expansion.

Step 2. Heat kernel and eigenfunctions. We start by restricting our attention to eigenfunctions which do not have too high frequency. Let

(3.1.6)
$$
\Lambda_L(A) = \{\lambda_j : \lambda_j \le At^{-1}\}\
$$
 and $\Lambda_H(A') = \{\lambda_j : \lambda_j > A't^{-1}\} = \Lambda_L(A')^c$.

A first connection between the heat kernel and eigenfunctions is given by the following truncation Lemma, which is proved in Subsection 3.4.2.

Lemma 3.1.4. Under Assumption A.1, for $A > 1$ large enough and $A' < 1$ small enough, depending on δ_0 , δ_1 , C_1 , C_2 , C'_1 , C'_2 (as in Proposition 3.1.2), there exist constants C_3, C_4 (depending on A, A' as well as d, c_{\min} , c_{\max} , $||g||_{\alpha}$, α) such that

(i) the heat kernel is approximated by the truncated expansion

(3.1.7)
$$
K_{t}(z, w) \sim_{C_3}^{C_4} \sum_{j \in \Lambda_L(A)} \varphi_j(z) \varphi_j(w) e^{-\lambda_j t};
$$

(ii) if $\frac{1}{2}\delta_0 R_z < |z - w|$, and p is a unit vector parallel to $z - w$, then

(3.1.8)
$$
\partial_p K_t(z, w) \sim_{C_3}^{C_4} \sum_{j \in \Lambda_L(A) \cap \Lambda_H(A')} \varphi_j(z) \partial_p \varphi_j(w) e^{-\lambda_j t}.
$$

Furthermore,

(3.1.9)
$$
\left\| \sum_{j \notin \Lambda_L(A) \cap \Lambda_H(A')} \varphi_j(z) \nabla \varphi_j(w) e^{-\lambda_j t} \right\| \leq C_{10} t^{\frac{-d}{2}} \frac{R_z}{t},
$$

where $C_{10} \rightarrow 0$ as $A \rightarrow \infty$ and $A' \rightarrow 0$;

(iii) C_3, C_4 both tend to 1 as $A \rightarrow \infty$ and $A' \rightarrow 0$.

This Lemma implies that in the heat kernel expansion we do not need to consider eigenfunctions corresponding to eigenvalues larger than At^{-1} . However, in our search for eigenfunctions with the desired properties, we need to restrict our attention further, by discarding eigenfunctions that have too small a gradient around z . Let

$$
(3.1.10) \qquad \qquad \Lambda_E(p, z, R_z, \delta_0, c_0) \qquad \qquad := \left\{ \lambda_j \in \sigma(\Delta) : \frac{1}{c_0} R_z |\partial_p \varphi_j(z)| \ge \left(\int_{B(z, \frac{1}{2} \delta_0 R_z)} \varphi_j(z')^2 dz' \right)^{\frac{1}{2}} \right\}.
$$

Here and in what follows, $f_A f = |A|^{-1} \int$ $\int_A f$. The truncation Lemma 3.1.4 can be strengthened, on average, into

Lemma 3.1.5. Assume Assumption A.1, δ_0 sufficiently small, and δ_1 is sufficiently small depending on δ_0 . For C_3 , C_4 close enough to 1 (as in Lemma 3.1.4), and c_0 small enough (depending on $C_2, C'_1, \delta_0, \delta_1$) there exist constants C_5, C_6 (depending only on C_3 , C_4 , C_9 , and c_0) such that if $\frac{1}{2}\delta_0 R_z < |z-w|$, and p is a unit vector parallel to $z - w$, then \overline{a} \overline{a}

$$
(3.1.11) \qquad |\partial_p K_t(w,z)| \sim_{C_5}^{C_6} \left| \sum_{\lambda_j \in \Lambda_L(A) \cap \Lambda_H(A') \cap \Lambda_E(z,R_z,\delta_0,c_0)} \varphi_j(w) \partial_p \varphi_j(z) e^{-\lambda_j t} \right|.
$$

Step 3. Choosing appropriate eigenfunctions. Define the constants γ_{φ_j} as

(3.1.12)
$$
\gamma_{\varphi_j} = \left(\oint_{B_{\frac{1}{2}\delta_0 R_z}(z)} \varphi_j(z')^2 dz' \right)^{-\frac{1}{2}}.
$$

Note that since φ_j is L^2 normalized, we have $\gamma_{\varphi_j} \gtrsim R_z^{d/2}$. A subset of these constants and corresponding eigenfunctions will soon be chosen to give us the constants $\{\gamma_j\}$ and corresponding eigenfunctions $\{\varphi_{i_j}\}\$ in the statement of Theorem 2.1.1 and Theorem 2.2.1.

The set of eigenfunctions with eigenvalues in $\Lambda_L(A) \cap \Lambda_H(A') \cap \Lambda_E(p, z, R_z, \delta_0, c_0)$ is well-suited for our purposes, in view of the following:

Lemma 3.1.6. Under Assumption A.1, for δ_0 small enough, there exists a constant C_7 depending on c_0 and C_8 depending on $\{\delta_0, c_{\min}, c_{\max}, ||g||_{\alpha}, \alpha\}$ and a constant $b > 0$ which depends on c_0 , d, c_{\min} , c_{\max} , $||g||_{\alpha}$, α such that the following holds. Let p be a direction. For all $j \in \Lambda_E(p, z, R_z, \delta_0, c_0)$ we have that for all z' such that $||z - z'|| \le b \, \delta_0 R_z$

(3.1.13)
$$
|\partial_p \varphi_j(z')| \sim_{C_7}^{C_8} R_z^{-1} \left(\int_{B_{\frac{1}{2}\delta_0 R_z}(z)} \varphi_j^2 \right)^{\frac{1}{2}}.
$$

Moreover, there exists an index $j \in \Lambda_L(A) \cap \Lambda_H(A') \cap \Lambda_E(p, z, R_z, \delta_0, c_0)$, so that we have

$$
\gamma_{\varphi_j} \lesssim (C_{\text{count}})^{\frac{1}{2}}
$$

with constants depending on $A, C_1, C'_1, C_2, C'_2, C_6, \{d, c_{\min}, c_{\max}, ||g||_{\alpha}, \alpha\}, \delta_0, \delta_1$.

We can now complete the proof of Theorems 2.1.1, 2.2.1.

Proof of Theorems 2.1.1 and 2.2.1 for the case $g \in \mathscr{C}^2$. Lemma 3.1.6 yields an eigenfunction that serves our purpose in a given direction. To complete the proof of the Theorems, we need to cover d linearly independent directions. Pick an arbitrary direction p_1 . By Lemma 3.1.6 we can find $j_1 \in \Lambda_L(A) \cap \Lambda_H(A') \cap \Lambda_E(p, z, R_z, \delta_0, c_0)$, (in particular $j_1 \sim t^{-1}$) such that $|\gamma_{\varphi_{j_1}} \partial_{p_1} \varphi_{j_1}(z)| \geq c_0 R_z^{-1}$. Let p_2 be a direction orthogonal to $\nabla \varphi_{j_1}(z)$. We apply again Lemma 3.1.6, and find $j_2 < At^{-1}$ so that $|\gamma_{\varphi_{j_2}}\partial_{p_2}\varphi_{j_2}(z)| \geq c_0 R_z^{-1}$. Note that necessarily $j_2 \neq j_1$ and p_2 is linearly independent of p_1 . In fact, by choice of p_2 ,

$$
\partial_{p_2}\varphi_{j_1}=0.
$$

We proceed in this fashion. By induction, once we have chosen j_1, \ldots, j_k $(k < d)$, and the corresponding p_1, \ldots, p_k , such that $\left|\gamma_{\varphi_{j_l}} \partial_{p_l} \varphi_{j_l}(z)\right| \ge c_0 R_z^{-1}$, for $l = 1, \ldots, k$, we pick p_{k+1} orthogonal to $\langle {\nabla \varphi_{j_n}(z)} \rangle_{n=1,\dots,k}$ and apply Lemma 3.1.6, that yields j_{k+1} such that $\left|\gamma_{\varphi_{j_{k+1}}}\partial_{p_{k+1}}\varphi_{j_{k+1}}(z)\right| \geq c_0 R_z^{-1}.$

From here on we denote by $\gamma_i = \gamma_{\varphi_{j_i}}$ for simplicity of notation. These are the constants $\{\gamma_i\}$ appearing in the statement of Theorem 2.1.1 and Theorem 2.2.1.

We claim that the matrix

$$
A_{k+1} := \left(\gamma_m \partial_{p_n} \varphi_{j_m}(z)\right)_{m,n=1,\ldots,k+1}
$$

is lower triangular and $\{p_1, \ldots, p_{k+1}\}\$ is linearly independent. Lower-triangularity of the matrix follows by induction and the choice of p_{k+1} . Assume $\sum_{n=1}^{k+1} a_n p_n = 0$, then $\sum_{n=1}^{k+1}$ $\binom{k+1}{n-1} a_n p_n, \gamma_l \nabla \varphi_{j_l}(z) \rangle = 0$ for all $l = 1, \ldots, k+1$, i.e. $a \in \mathbf{R}^{k+1}$ solves the linear system

$$
A_{k+1}a = 0.
$$

But A_{k+1} is lower triangular with all diagonal entries non-zero, hence $a = 0$.

For $l \leq k$ we have $\langle \nabla \varphi_{j_l}(z), p_{k+1} \rangle = 0$ and, by Lemma 3.1.6,

$$
|\langle \gamma_l \nabla \varphi_{j_l}, p_l \rangle| \gtrsim R_z^{-1}.
$$

Now let $\Phi_k = (\gamma_1 \varphi_{j_1}, \dots, \gamma_k \varphi_{j_k})$ and $\Phi = \Phi_d$. We start by showing that

$$
\|\nabla\Phi|_z(w-z)\| \gtrsim_d \frac{1}{R_z} \|w-z\|.
$$

Indeed, suppose that

$$
\|\nabla\Phi_k|_z(w-z)\| \leq \frac{c}{R_z} \|w-z\|,
$$

for all $k = 1, \ldots, d$. For c small enough, this will lead to a contradiction. Let $w - z = \sum_{l} a_l p_l$. We have (using say Lemma 3.1.6) $\overline{}$

$$
\|\nabla\Phi_k|_z(w-z)\|=\|\sum_l a_l\partial_{p_l}\Phi_k|_z\|=\|\sum_{l\leq k}a_l\partial_{p_l}\Phi_k|_z\|\gtrsim\left(|a_k|-c\sum_{l
$$

By induction, $|a_k| \leq \sum_{l=1}^k c^l ||w - z||$. For c small enough, $|a_i| \leq \frac{||w-z||}{d}$. This is a contradiction since \parallel $\frac{2}{\sqrt{2}}$ $||a_i p_i|| = ||w - z||$ and $||p_i|| = 1$.

We also have, by Proposition 3.4.1,

(3.1.15)
$$
\|\nabla \Phi|_w - \nabla \Phi|_z\|_{op} \lesssim \left(\frac{\|z-w\|}{R_z}\right)^{\alpha} \frac{1}{R_z}.
$$

Finally, by ensuring $\frac{||z-w_i||}{R_z}$ is smaller then a universal constant for $i = 1, 2$, we get from equation (3.1.15)

$$
\|\Phi(w_1) - \Phi(w_2)\| = \left| \int_0^1 \nabla \Phi|_{tw_1 + (1-t)w_2}(w_1 - w_2) dt \right|
$$

=
$$
\left| \int_0^1 \left(\nabla \Phi|_{w_1} + (\nabla \Phi|_{tw_1 + (1-t)w_2} - \nabla \Phi|_{w_1}) \right) (w_1 - w_2) dt \right|
$$

$$
\geq \int_0^1 \frac{1}{R_z} \|w_1 - w_2\| dt \geq \frac{1}{R_z} c_0 \|w_1 - w_2\|,
$$

which proves the lower bound $(2.1.5)$. To prove the upper bound of $(2.1.5)$, we observe that from Proposition 3.4.1 we have the upper bound

$$
|\gamma_l \partial_{p_l} \varphi_{i_l}(z)| \lesssim R_z^{-1}.
$$

This completes the proof for the Euclidean case.

We now turn to the manifold case. Let R_z be as in the Theorem. We take $c_1 \leq \frac{1}{2}$ $\frac{1}{2}\delta_0$ chosen so that

(3.1.16)
$$
|g^{il}(x) - \delta^{il}| = |g^{il}(x) - g^{il}(z)| < ||g||_{\alpha}||x - z||^{\alpha} < \epsilon_0
$$

for all $x \in B_{2c_1R_z}(z)$. For this g, the above is carried on in local coordinates. It is then left to prove that the Euclidean distance in the range of the coordinate map is equivalent to the geodesic distance on the manifold. We have for all $x, y \in B_{c_1R_z}(z)$

$$
d_{\mathscr{M}}(x,y) \leq \int_0^1 \left\| \frac{x-y}{\|x-y\|} \right\|_{g} dt \leq \int_0^1 \left\| \frac{x-y}{\|x-y\|} \right\|_{\mathbf{R}^d} (1 + \|g\|_{\alpha} t^{\alpha}) dt \lesssim_{\alpha} (1 + \|g\|_{\alpha}) \, \|x-y\|.
$$

The converse can be proved as follows. Let $\xi : [0,1] \to \mathcal{M}$ be the geodesic from x to y. ξ is contained in $B_{2d_M(x,y)}(x)$ on the manifold, whose image in the local coordinate chart is contained in $B_{2(1+\|g\|_{\alpha})d_{\mathscr{M}}(x,y)}(x)$. We have

$$
d_{\mathscr{M}}(x,y) = \int_{\xi} ||\dot{\xi}(t)||_g \gtrsim (1 - ||g||_{\alpha}) \int_{\xi} ||\dot{\xi}(t)||_{\mathbf{R}^d} \gtrsim (1 - ||g||_{\alpha}) ||x - y||. \qquad \Box
$$

3.2. The case of $g \in \mathscr{C}^{\alpha}$.

Proof of Theorems 2.1.1 and 2.2.1 for the case $g \in \mathscr{C}^{\alpha}$. We can now give a short proof for the $g \in \mathscr{C}^{\alpha}$ case, relying on the \mathscr{C}^2 case. We need the following Lemma, which we prove in Section 3.5.2.

Lemma 3.2.1. Let $J > 0$ be given. If

$$
\|\tilde{g}_n^{il} - g^{il}\|_{L^\infty(B_R(z))} \to_n 0
$$

with $\|\tilde{g}_n^{il}\|_{\mathscr{C}^\alpha}$ uniformly bounded and with fixed ellipticity constants (as in (2.2.1)), then for $j < J$

$$
||\varphi_j - \tilde{\varphi}_{j,n}||_{L^{\infty}(B_R(z))} \to_n 0,
$$

$$
||\nabla(\varphi_j - \tilde{\varphi}_{j,n})||_{L^{\infty}(B_R(z))} \to_n 0,
$$

and

$$
(3.2.3) \t\t\t |\lambda_j - \tilde{\lambda}_{j,n}| \to_n 0.
$$

Now, to conclude the proof of the Theorem for the \mathscr{C}^{α} case, let $J = c_5(d, \frac{1}{2}c_{\min},$ $2c_{\text{max}}, \|g\|_{\alpha}, \alpha) \cdot R_z^{-2}$. We may approximate g in \mathscr{C}^{α} norm arbitrarily well by a $\mathscr{C}^2(\mathscr{M})$ metric. By the above Lemma, and the Theorem for the case of \mathscr{C}^2 metric, we obtain the Theorem for the \mathscr{C}^{α} \Box

3.3. Heat kernels estimates. This section makes no assumptions on the finiteness of the volume of \mathscr{M} and the existence of C_{count} .

3.3.1. Euclidean Dirichlet heat kernel estimates. We will start by proving the heat kernel estimates of Proposition 3.1.2 for the Dirichlet kernel K^{Ω} . These estimates are in fact well known, and we include their proof here for completeness, and also to introduce in a simple setting the kind of probabilistic approach that will be used to obtain estimates in a more general context.

Proof of Proposition 3.1.2 for the Euclidean Dirichlet heat kernel. Let B_{ω}^z below be a Brownian path started at point $z \in \Omega$, and $\tau(\omega)$ its first hitting time of $\partial\Omega$. We recall that as a consequence of the Markov property we have (see e.g. [21], eqn. (9.5) p. 590)

(3.3.1)
$$
K_t^{\Omega}(z, w) = K_t^{\mathbf{R}^d}(z, w) - \mathbf{E}_{\omega} \left(K_{t-\tau(\omega)}^{\mathbf{R}^d} (B_{\omega}^z(\tau(\omega)), w) \chi_{t > \tau(\omega)} \right).
$$

Then,

$$
\mathbf{E}_{\omega} \left(K_{t-\tau(\omega)}^{\mathbf{R}^d} (B_{\omega}^z(\tau(\omega)(\omega)), w) \chi_{t>\tau(\omega)(\omega)} \right)
$$
\n
$$
= \mathbf{E}_{\omega} \left((4\pi)^{\frac{-d}{2}} (t - \tau(\omega))^{\frac{-d}{2}} e^{\frac{-\|B(\tau(\omega)) - w\|^2}{4(t - \tau(\omega))}} \chi_{t>\tau(\omega)} \right)
$$
\n
$$
(3.3.2) \leq \mathbf{E}_{\omega} \left((4\pi)^{\frac{-d}{2}} (t)^{\frac{-d}{2}} e^{\frac{-\|B(\tau(\omega)) - w\|^2}{4t}} \chi_{t>\tau(\omega)} \right)
$$
\n
$$
\leq \mathbf{E}_{\omega} \left((4\pi)^{\frac{-d}{2}} (t)^{\frac{-d}{2}} e^{\frac{-(1-\delta_0)^2 R_z^2}{4t}} \chi_{t>\tau(\omega)} \right) \leq (4\pi)^{\frac{-d}{2}} (t)^{\frac{-d}{2}} e^{\frac{-(1-\delta_0)^2 R_z^2}{4t}}
$$
\n
$$
\leq (4\pi)^{\frac{-d}{2}} (t)^{\frac{-d}{2}} e^{\frac{-(1-\delta_0)^2 R_z^2}{4(\delta_1 R_z)^2}} = (4\pi)^{\frac{-d}{2}} (t)^{\frac{-d}{2}} e^{\frac{-(1-\delta_0)^2}{4\delta_1^2}},
$$

where for the first inequality we require $\frac{\|B(\tau)-w\|^2}{t}$ $\frac{y-w}{t}$ sufficiently large, which is implied by choosing $\delta_0 < 1$ and δ_1 small enough. The last term can be made arbitrarily small by choosing δ_1 small enough, independently of δ_0 (as long as, say, $\delta_0 < \frac{1}{2}$ $(\frac{1}{2})$. We also have

$$
K_t^{\mathbf{R}^d}(z, w) = (4\pi)^{\frac{-d}{2}}(t)^{\frac{-d}{2}} e^{\frac{-\|z-w\|^2}{4t}} \le (4\pi)^{\frac{-d}{2}}(t)^{\frac{-d}{2}}
$$

and

$$
(3.3.3) \quad K_t^{\mathbf{R}^d}(z, w) = (4\pi)^{\frac{-d}{2}}(t)^{\frac{-d}{2}}e^{\frac{-\|z-w\|^2}{4t}} \ge (4\pi)^{\frac{-d}{2}}(t)^{\frac{-d}{2}}e^{\frac{-\delta_0^2 R_z^2}{4t}}
$$
\n
$$
\ge (4\pi)^{\frac{-d}{2}}(t)^{\frac{-d}{2}}e^{\frac{-\delta_0^2}{\delta_1^2}}.
$$

If $\delta_0 < \frac{1}{3}$ $\frac{1}{3}$, then $\frac{(1-\delta_0)^2}{4} \ge \delta_0$ and so by reducing δ_1 (while fixing δ_0) we can make the left-hand side of (3.3.2) arbitrarily small in comparison with (3.3.3). Now, from equation (3.3.1) we get (3.1.1) for the Dirichlet kernel.

Note that the range we have for t and $||B_{\omega}^z(\tau(\omega)) - w||$ imply that

$$
\left(4\pi\right)^{\frac{-d}{2}}\!\!\left(t\right)^{\frac{-d}{2}}\! e^{\frac{-\|B_{\omega}^z\left(\tau\left(\omega\right)\right)\|^2}{4t}}
$$

is monotone increasing in t . Hence we also have

$$
(3.3.4) \t\t\t\t\mathbf{E}_{\omega}\left(\chi_{s>\tau(\omega)}K_{s-\tau(\omega)}^{\mathbf{R}^d}(B_{\omega}^z(\tau(\omega)),w)\right) \leq (4\pi)^{\frac{-d}{2}}(t)^{\frac{-d}{2}}e^{\frac{-(1-\delta_0)^2}{4\delta_1^2}}.
$$

If we also have $\frac{\delta_0}{\delta_1}$ is large enough, then $K_s^{\mathbf{R}^d}(z,w)$ is monotone increasing in s, and therefore

$$
K_s^{\mathbf{R}^d}(z, w) \le K_t^{\mathbf{R}^d}(z, w) \le (4\pi)^{\frac{-d}{2}} t^{-\frac{d}{2}}.
$$

For and fixed δ_0 , we may reduce δ_1 so that by (3.3.4) is small, and thus we obtain the first part of $(3.1.4)$ from $(3.3.1)$.

We now turn to estimates $(3.1.2)$ and second and third parts of $(3.1.4)$. We differentiate equation (3.3.1) and then we bound as follows:

$$
\|\nabla_{w} \mathbf{E}_{\omega}[\chi_{t>\tau(\omega)} K_{t-\tau(\omega)}^{R} (\mathcal{B}_{\omega}^{z}(\tau(\omega), w))]\|
$$
\n
$$
= \|\nabla_{w} \mathbf{E}_{\omega} \left[\chi_{t>\tau(\omega)} (4\pi)^{\frac{-d}{2}} (t - \tau(\omega))^{\frac{-d}{2}} e^{\frac{-\|\mathcal{B}_{\omega}^{z}(\tau(\omega)) - w\|^{2}}{4(t - \tau(\omega))}} \right] \|
$$
\n
$$
= \|\mathbf{E}_{\omega} \left[\chi_{t>\tau(\omega)} \nabla_{w} (4\pi)^{\frac{-d}{2}} (t - \tau(\omega))^{\frac{-d}{2}} e^{\frac{-\|\mathcal{B}_{\omega}^{z}(\tau(\omega)) - w\|^{2}}{4(t - \tau(\omega))}} \right] \|
$$
\n
$$
= \|\mathbf{E}_{\omega} \left[\chi_{t>\tau(\omega)} \frac{\mathcal{B}_{\omega}^{z}(\tau(\omega)) - w}{2(t - \tau(\omega))} (4\pi)^{\frac{-d}{2}} (t - \tau(\omega))^{\frac{-d}{2}} e^{\frac{-\|\mathcal{B}_{\omega}^{z}(\tau(\omega)) - w\|^{2}}{4(t - \tau(\omega))}} \right] \|
$$
\n
$$
\leq \|\mathbf{E}_{\omega} \left[\chi_{t>\tau(\omega)} \frac{\|\mathcal{B}_{\omega}^{z}(\tau) - w\|}{2(t - \tau(\omega))} (4\pi)^{\frac{-d}{2}} (t - \tau(\omega))^{\frac{-d}{2}} e^{\frac{-\|\mathcal{B}_{\omega}^{z}(\tau(\omega)) - w\|^{2}}{4(t - \tau)}} \right] \|
$$
\n
$$
= (4\pi)^{\frac{-d}{2}} t^{\frac{-d}{2}} \mathbf{E}_{\omega} \left[\chi_{t>\tau(\omega)} \frac{\|\mathcal{B}_{\omega}^{z}(\tau(\omega)) - w\|}{2t} (4\pi)^{\frac{-d}{2}} t^{\frac{-d}{2}} e^{\frac{-\|\mathcal{B}_{\omega}^{z}(\tau(\omega)) - w\|^{2}}{4t}} \right]
$$
\n
$$
\leq (4\pi)^{\frac{-d}{2}} t^{\frac{-d-1}{2}} \mathbf{E}_{\omega} \left[\chi_{t>\tau(\omega)} \frac{1 - \delta_{0}}{2\delta_{1}}
$$

where for the second equality we use the dominated convergence theorem, for the inequalities in the fifth and in the penultimate line we choose δ_0 < 1 and δ_1 small enough. Note that $\delta_1 \to 0$ implies that $C(\delta_0, \delta_1) \to 0$. Observe that these estimates hold also with ∇_w replaced by $\frac{\partial}{\partial p}$.

We also have

$$
\nabla_w K_t^{\mathbf{R}^d}(z, w) = \nabla_w (4\pi)^{\frac{-d}{2}} t^{\frac{-d}{2}} e^{\frac{-\|z-w\|^2}{4t}} = (4\pi)^{\frac{-d}{2}} t^{\frac{-d-1}{2}} \frac{(z-w)}{2\sqrt{t}} e^{\frac{-\|z-w\|^2}{4t}}
$$

$$
\geq (4\pi)^{\frac{-d}{2}} t^{\frac{-d-1}{2}} \frac{\delta_0 R_z}{t} e^{\frac{-\delta_0^2}{\delta_1^2}}(z-w)
$$

(with inequality understood entrywise) where as above the last inequality holds for δ_0 < 1 and δ_1 small enough. If p is parallel to $z - w$, the same estimates hold if we replace ∇_w by ∂_p . Hence, for any fixed δ_0 , by reducing δ_1 we get

$$
\|\nabla_w K_t^{\Omega}(z, w) - \nabla_w K_t^{\mathbf{R}^d}(z, w)\| \le (4\pi)^{\frac{-d}{2}} \frac{R_z}{2t} t^{\frac{-d}{2}} e^{\frac{-(1-\delta_0)^2}{4\delta_1^2}}
$$

and therefore

$$
\|\nabla_w K_t^{\Omega}(z, w)\| \sim \|\nabla_w K_t^{\mathbf{R}^d}(z, w)\| \sim t^{\frac{-d}{2}} \frac{R_z}{t}
$$

.

The estimate (3.1.2) involving ∂_p is proven analogously. The second and third parts of $(3.1.4)$ follow as above. Finally, to prove $(3.1.3)$ we use $(3.3.5)$ to obtain

$$
\|\partial_q K_t^{\Omega}(z,w) - \partial_q K_t^{\mathbf{R}^d}(z,w)\| \leq (4\pi)^{\frac{-d}{2}} \frac{R_z}{2t} t^{\frac{-d}{2}} e^{\frac{-(1-\delta_0)^2}{4\delta_1^2}} \leq C_9(\delta_0, \delta_1) t^{\frac{-d}{2}} \frac{R_z}{t}.
$$

3.3.2. Local and global heat kernels. In this section, let K be the heat kernel, Dirichlet or Neumann, for

- (i) a domain Ω (possibly unbounded), and a uniformly elliptic operator Δ as in $(2.2.3)$, with $g \in \mathscr{C}^2(\Omega)$;
- (ii) a manifold $\mathscr M$ with $g \in \mathscr C^2$ satisfying the requirements in Section 2.2, and let Δ be the associated Laplacian.

Remark 3.3.1. We emphasize that in this section we do not assume that the volume of $\mathscr M$ is finite.

Observe that in both settings the existence of an associated Brownian motion is guaranteed ([37] for the \mathbb{R}^d case and the manifold case then follows from uniqueness). The following result connects K with the Dirichlet kernel on a ball, associated with Δ , to which the estimates of the previous section apply: this will allow us to extend estimates for the Dirichlet heat kernel on a ball to the general heat kernel K . A more detailed account of the ideas in the following proposition appears in Stroock's recent book [48] (Section 5.2 Duhamel's Formula).

Proposition 3.3.2. Let $z \in \Omega$ and $r \leq \text{dist}(z, \partial \Omega)$, or $z \in \mathcal{M}$ and $r \leq r_U(z)$. Let $x, y \in B(z, \frac{1}{4}r)$. For each path B^x_ω (starting at x), we define $\tau_1(\omega) \leq \tau_2(\omega) \leq \ldots$ as follows. Let $\tau_1(\omega)$ be the first time that B^x_ω re-enters $B(x, \frac{3}{8}r)$ after having exited $B(x, \frac{1}{2}r)$ (if this does not happen, let $\tau_1(\omega) = +\infty$). Let $x_1 = B_{\omega}^x(\tau_1)$. By induction, for $n > 1$ let $\tau_n(\omega)$ be the first time after $\tau_{n-1}(\omega)$ that B_{ω} re-enters $B(x, \frac{3}{8}r)$ after having exited $B(x, \frac{1}{2}r)$, or $+\infty$ otherwise. Let $x_n = B_{\omega}^x(\tau_n)$. If $\tau_n(\omega) = +\infty$, let $\tau_{n+k}(\omega) = +\infty$ for all $k \geq 0$. Then

(3.3.6)
$$
K_s(x,y) = K_s^D(x,y) + \sum_{n=1}^{\infty} \mathbf{E}_{\omega} \left[K_{s-\tau_n(\omega)}^D(x_n(\omega),y) \middle| \tau_n < s \right] P(\tau_n < s),
$$

where

$$
K_s^D = K_s^{Dir(B_{\frac{1}{2}r}(x))}
$$

is the heat kernel at time s for the ball $B(x, \frac{1}{2}r)$ with Dirichlet boundary conditions. Moreover, there exists an $M = M(c_{\min}, c_{\max})$ such that

(3.3.7)
$$
P(\tau_n < s) \lesssim_{d,c_{\min},c_{\max}} \exp\{-n\frac{r^2}{Ms}\}.
$$

Remark 3.3.3. In our applications of this proposition, we have $r \sim \delta_0 R_z$. In that case, if $s^{\frac{1}{2}} < \delta_1 R_z$, for $\frac{\delta_0}{\delta_1}$ sufficiently large (depending only, on d, c_{\min}, c_{\max}), the factor $\exp\{-n\frac{r^2}{Ms}\}$ can be made arbitrarily small. This gives us control (exponential in n) on the right-hand side of (3.3.7). Hence, for any fixed δ_0 , for $\delta_1 \rightarrow 0$ the right-hand-side of equation (3.3.6) is dominated by the first summand.

Proof of Proposition 3.3.2. The proofs for the case of a domain Ω and the case of a manifold \mathscr{M} are identical. We have, for any fixed, small enough, $\epsilon > 0$,

$$
P^{\Omega}(B_{\omega}^{x}(s) \in B_{\epsilon}(y)) = P^{\Omega}(B_{\omega}^{x}(s) \in B_{\epsilon}(y), \tau_{1} \ge s) + P^{\Omega}(B_{\omega}^{x}(s) \in B_{\epsilon}(y), \tau_{1} < s)
$$
\n
$$
= \int_{B_{\epsilon}(y)} K_{s}^{D}(x, y') \, dy' + P^{\Omega}(B_{\omega}^{x}(s) \in B_{\epsilon}(y), \tau_{2} \ge s | \tau_{1} < s) \, P(\tau_{1} < s)
$$
\n
$$
+ P^{\Omega}(B_{\omega}^{x_{1}}(s) \in B_{\epsilon}(y), \tau_{1} < s, \tau_{2} < s)
$$

$$
= \int_{B_{\epsilon}(y)} K_s^D(x, y') dy' + P^{\Omega}(B_{\omega}^{x_1}(s - \tau_1) \in B_{\epsilon}(y), \tau_2 \ge s | \tau_1 < s) P(\tau_1 < s) + P^{\Omega}(B_{\omega}^{x_1}(s) \in B_{\epsilon}(y), \tau_1 < s, \tau_2 < s) = \int_{B_{\epsilon}(y)} K_s^D(x, y') dy' + \int_{B_{\epsilon}(y)} \mathbf{E}_{\omega} \left[K_{s-\tau_1}^D(x_1, y') | \tau_1 < s \right] dy P(\tau_1 < s) + P^{\Omega}(B_{\omega}^{x_1}(s) \in B_{\epsilon}(y), \tau_2 < s) = \cdots = \int_{B_{\epsilon}(y)} K_s^D(x, y') dy' + \sum_{n=1}^{+\infty} \int_{B_{\epsilon}(y)} \mathbf{E}_{\omega} \left[K_{s-\tau_n}^D(x_i, y') | \tau_n < s \right] dy' P(\tau_n < s).
$$

By dividing by $|B(y, \epsilon)|$ and taking the limit as $\epsilon \to 0^+$, we obtain (3.3.6).

In order to estimate $P(\tau_n < s)$, we need the following

Lemma 3.3.4. Let Ω be a domain corresponding to a uniformly elliptic operator as in (2.2.3). Let τ be the first exit time from $B_R(z) \subseteq \Omega$ for the corresponding stochastic process started at z. Then there exists $M = M(d, c_{\min}, c_{\max}) > 0$ such that

(3.3.8)
$$
P^{z}(\{\tau \leq s\}) \lesssim_{d,c_{\min},c_{\max}} \exp\{-R^{2}(2Ms)^{-1}\}.
$$

Similarly for $z \in \mathcal{M}$ and $R \leq r_U(z)$.

Proof. First note that without loss of generality we may replace Ω by $B_{2R}(z)$ with Dirichlet boundary conditions, and then replace $B_{2R}(z)$ by \mathbb{R}^d by extending the coefficients g^{ij} to \tilde{g}^{ij} defined on all of \mathbf{R}^d . Let \hat{K} be the associated heat kernel. For any $s' > 0$ and $x, y \in B_R(z)$

$$
(3.3.9) \quad s'^{-\frac{d}{2}} \exp\left\{-\frac{|x-y|^2}{A_1 s'}\right\} \lesssim_{c_{\min}, c_{\max}, d} \hat{K}_{s'}(x, y) \lesssim_{d, c_{\min}, c_{\max}} s'^{-\frac{d}{2}} \exp\left\{-\frac{|x-y|^2}{A_2 s'}\right\}.
$$

holds for $M = M(c_{\text{min}}, c_{\text{max}}, d)$ and $A_i = A_i(c_{\text{min}}, c_{\text{max}}, d)$ (see [16], Corollary 3.2.8 and Theorem 3.3.4). We now follow a short proof by Stroock [49]. By the strong Markov property, we have

$$
P^{\Omega}(B_{\omega}^{z}(s) \notin B_{R}(z)) = \mathbf{E}_{\omega}^{z} \left[P(B_{\omega}^{\omega(\tau(\omega))}(s-\tau(\omega)) \notin B_{R}(z)) \chi_{\{\tau(\omega) < s\}} \right].
$$

From the lower bound in equation (3.3.9) we have that if $x \in \partial B_R(z)$ and $s > 0$ then $P(B_{\omega}^x(s) \notin B_R(x)) \geq \epsilon(c_{\min}, c_{\max}, d)$. Combining this with the upper bound in equation (3.3.9) we have

$$
P^{z}(\tau \le s) \le \epsilon(d, c_{\min}, c_{\max})^{-1} P(B_{\omega}^{z}(s) \notin B_{R}(z)) \lesssim_{d, c_{\min}, c_{\max}} \exp\{-R^{2}(2Ms)^{-1}\}.\quad \Box
$$

We go back to the proof of Proposition 3.3.2. To estimate $P(\tau_n \leq s | \tau_{n-1}$ s, ..., τ_1 < s), we observe that between τ_{n-1} and τ_n , the path ω has to cross both $\partial B_{\frac{3}{8}r}(z)$ and $\partial B_{\frac{1}{2}r}(z)$: let τ_n^* and τ_n^{**} be the first time this happens, and let $y^* =$ $\omega(\tau_n^*)$. Then

$$
P(\tau_n < s \mid \tau_{n-1} < s, \dots, \tau_1 < s) \le P(\tau_n^{**} - \tau_n^* < s)
$$
\n
$$
\le \sup_{y^* \in B_{\frac{3}{8}r}(z)} P^{y^*} \left(\sup_{s' \in [0,s]} \|B_\omega(s') - y^*\| > \frac{1}{8}r \right) \lesssim_{c_{\min}, c_{\max}, d} e^{-\frac{\left(\frac{1}{8}r\right)^2}{2Ms}}.
$$

Therefore we have

(3.3.10)
\n
$$
P(\tau_n < s) = P(\tau_1 < s, \tau_2 < s, \dots, \tau_n < s) \\
= \left(\prod_{l=2}^n P(\tau_l < s | \tau_{l-1} < s, \dots, \tau_1 < s) \right) P(\tau_1 < s) \\
\lesssim_{c_{\min}, c_{\max}, d} \exp\{-n \left(\frac{1}{8} r \right)^2 (2Ms)^{-1} \}.
$$

Renaming 128M to M we get the lemma. \Box

Remark 3.3.5. As it is clear from the proof, the proposition holds for any boundary condition on a manifold or domain.

3.3.3. Euclidean Neumann heat kernel estimates. We use the results of the previous two sections to prove the Neumann case of Proposition 3.1.2:

Proof of Proposition 3.1.2 for the Euclidean Neumann heat kernel. The starting point is Proposition 3.3.2, which allows us to localize. We use Proposition 3.1.2 for the case of $B_{2\delta_0 R_z}(z)$. For this proof, we denote by $C_2[B]$ be the C_2 constant for the Dirichlet ball case. For $s \leq t$ we have using equation (3.3.10),

$$
|K_s(x,y) - K_s^{2\delta_0 R_z}(x,y)| = |\sum_{n=1}^{+\infty} \mathbf{E}_{\omega} \left[K_{s-\tau_n}^{2\delta_0 R_z}(x_n(\omega), y) | \tau_n < s \right] P_{\omega}(\tau_n < s)|
$$
\n
$$
\lesssim_{C_2[B]} \sum_{n=1}^{\infty} t^{-\frac{d}{2}} \exp\{-n \left(\frac{\delta_0 R_z}{2}\right)^2 (Ms)^{-1}\}
$$
\nequation (3.3.10)\nequation (3.3.10)\n
$$
\lesssim_{C_2[B], \delta_0, \delta_1} t^{-\frac{d}{2}} \exp\{-\left(\frac{\delta_0 R_z}{2}\right)^2 (Ms)^{-1}\}.
$$

This proves $(3.1.1)$ and the first part of $(3.1.4)$ (see Remark 3.3.3). For the gradient estimates, i.e. $(3.1.2), (3.1.3),$ and the second and third part of $(3.1.4),$

$$
\|\nabla_y K_s(x, y) - \nabla_y K_s^{2\delta_0 R_z}(x, y)\| \le \sum_{n=1}^{+\infty} \|\nabla_y \mathbf{E}_{\omega} \left[K_{s-\tau_n}^{2\delta_0 R_z}(x_n(\omega), y) | \tau_n < s \right] \| P_{\omega}(\tau_n < s)
$$

$$
\lesssim_{C'_2[B]} \sum_{n=1}^{\infty} t^{-\frac{d}{2}} \frac{\delta_0 R_z}{t} \exp\{-n \left(\frac{\delta_0 R_z}{2} \right)^2 (Ms)^{-1} \}
$$

equation (3.3.10)

$$
\lesssim_{C'_2[B], \delta_0, \delta_1} t^{-\frac{d}{2}} \frac{\delta_0 R_z}{t} \exp\{\left(\frac{\delta_0 R_z}{2} \right)^2 (Ms)^{-1} \}
$$

giving us C_9 . By Remark 3.3.3 the exponential term from equation $(3.3.10)$ can be made small enough so that we obtain estimate (3.1.2) as well as the second and third parts of $(3.1.4)$.

The proof for the manifold case is postponed to Section 3.5.3.

3.4. Heat kernel and eigenfunctions.

3.4.1. Bounds on eigenfunctions. We record some inequalities that will be used in what follows.

Proposition 3.4.1. Assume $g \in \mathscr{C}^{\alpha}$. There exists $b_1 < 1$, and $C_P > 0$ that depends on d, c_{min}, c_{max}, $||g||_{\alpha}$, α such that for any eigenfunction φ_j of Δ_M on $B_R(z)$, corresponding to the eigenvalue λ_j , and $R \leq R_z$, the following estimates hold. For $w \in B_{b_1R}(z)$ and $x, y \in B_{b_1R}(z)$,

(3.4.1)
$$
|\varphi_j(w)| \leq C_P P_1(\lambda_j R^2) \left(\int_{B_R(z)} |\varphi_j|^2 \right)^{\frac{1}{2}},
$$

(3.4.2)
$$
\|\nabla \varphi_j(w)\| \leq C_P \frac{P_2(\lambda_j R^2)}{R} \left(\int_{B_R(z)} |\varphi_j|^2\right)^{\frac{1}{2}},
$$

(3.4.3)
$$
\|\nabla \varphi_j(x) - \nabla \varphi_j(y)\| \leq C_P \frac{P_3(\lambda_j R^2)}{R^{1+\alpha}} \left(\int_{B_R(z)} |\varphi_j|^2\right)^{\frac{1}{2}} \|x - y\|^{\alpha},
$$

where $P_1(x) = (1+x)^{\frac{1}{2}+\beta}$, $P_2(x) = (1+x)^{\frac{3}{2}+\beta}$, $P_3(x) = (1+x)^{\frac{5}{2}+\beta}$, with β the smallest integer larger than or equal to $\frac{d-2}{4}$.

We postpone the proof to Section 3.5.2. Related estimates can be found in [15, 46, 45, 44, 56] and references therein.

3.4.2. Truncated heat kernel and selecting eigenfunctions. The goal of this section is to prove Lemma 3.1.4 and 3.1.5. All the results of this section and their proofs will be independent on whether we talk about the Dirichlet or Neumann heat kernel, and on whether we talk about the standard Laplacian or about a uniformly elliptic operator satisfying our usual assumptions and whether we talk about a manifold $\mathcal M$ or a domain Ω . This is because the only tools we will need to obtain the results in this section are the spectral expansion of the heat kernel $(3.1.5)$, the elliptic estimates of Proposition 3.4.1, the assumption on C_{count} (2.1.2), and the bound

$$
(3.4.4) \t K_t(z,w) \le K_t(z,z)^{\frac{1}{2}} K_t(w,w)^{\frac{1}{2}},
$$

which is a straightforward application of Cauchy–Schwartz inequality to $(3.1.5)$.

Proof of Lemma 3.1.4. We upper bound the tail of the heat kernel: ¯ \overline{a} ¯ ¯

$$
(3.4.5) \qquad \left| \sum_{\lambda_j \geq At^{-1}} \varphi_j(z) \varphi_j(w) e^{-\lambda_j t} \right| \leq e^{\frac{-A}{2}} \left| \sum_{\lambda_j \geq At^{-1}} \varphi_j(z) \varphi_j(w) e^{\frac{-\lambda_j t}{2}} \right|
$$

$$
\leq e^{\frac{-A}{2}} |K_{\frac{t}{2}}(z, z)|^{\frac{1}{2}} |K_{\frac{t}{2}}(w, w)|^{\frac{1}{2}} \lesssim_{C_2} t^{\frac{-d}{2}} e^{\frac{-A}{2}}
$$

by (3.4.4) and Proposition 3.1.2. For A large enough, this implies (3.1.7).

For the gradient, we use Proposition 3.4.1, and observe that $x^n e^{\frac{-x}{4}}$ is a decreasing function if x is large enough. We let $r_w = (1 - \delta_0)R_z$. Then

$$
\left\| \sum_{\lambda_j \geq At^{-1}} \varphi_j(z) \nabla \varphi_j(w) e^{-\lambda_j t} \right\| \leq \left\| e^{\frac{-A}{2}} \sum_{\lambda_j \geq At^{-1}} \varphi_j(z) \nabla \varphi_j(w) e^{\frac{-\lambda_j t}{2}} \right\|
$$

$$
\leq e^{\frac{-A}{2}} |K_{\frac{t}{2}}(z, z)|^{\frac{1}{2}} \left(\sum_{\lambda_j \geq At^{-1}} \|\nabla \varphi_j(w)\|^2 e^{\frac{-\lambda_j t}{2}} \right)^{\frac{1}{2}}
$$

$$
\begin{split} &\lesssim_{C_{P}} e^{\frac{-A}{2}} |K_{\frac{t}{2}}(z,z)|^{\frac{1}{2}} \left(\sum_{\lambda_{j} \geq At^{-1}} P_{2}(\lambda_{j} r_{w}^{2})^{2} r_{w}^{-2} \int_{B(w,\frac{1}{2}r_{w})} |\varphi_{j}|^{2} e^{\frac{-\lambda_{j}t}{2}} \right)^{\frac{1}{2}} \\ &\lesssim_{C_{P},\delta_{1}} e^{\frac{-A}{2}} |K_{\frac{t}{2}}(z,z)|^{\frac{1}{2}} \left(\sum_{\lambda_{j} \geq At^{-1}} \int_{B(w,\frac{1}{2}r_{w})} |\varphi_{j}|^{2} e^{\frac{-\lambda_{j}t}{2}} P_{2}(\lambda_{j} t)^{2} \frac{1}{t} e^{\frac{-\lambda_{j}t}{2}} \right)^{\frac{1}{2}} \\ &\lesssim_{C_{P},\delta_{1}} e^{\frac{-A}{2}} |K_{\frac{t}{2}}(z,z)|^{\frac{1}{2}} \left(\sum_{\lambda_{j} \geq At^{-1}} \int_{B(w,\frac{1}{2}r_{w})} |\varphi_{j}|^{2} e^{\frac{-\lambda_{j}t}{4}} \frac{1}{t} \right)^{\frac{1}{2}} \\ &\lesssim_{C_{P},\delta_{1}} e^{\frac{-A}{2}} |K_{\frac{t}{2}}(z,z)|^{\frac{1}{2}} \left(\int_{B(w,\frac{1}{2}r_{w})} K_{\frac{t}{4}}(w',w') \, dw' \frac{1}{t} \right)^{\frac{1}{2}} \\ &\lesssim_{C_{P},\delta_{1},C_{2}} e^{\frac{-A}{2}} t^{\frac{-d}{2}} \frac{1}{\sqrt{t}} .\end{split}
$$

Now we consider the contribution of the low frequency eigenfunctions to the gradient. Proceeding as above, and recalling that in this case $\lambda_j r_w^2 \leq \frac{A}{\delta_1}$ $\frac{A'}{\delta_1}$, we obtain

$$
\left\| \sum_{\lambda_j \leq A' t^{-1}} \varphi_j(z) \nabla \varphi_j(w) e^{-\lambda_j t} \right\|
$$

\n
$$
\leq_{C_P} |K_t(z, z)|^{\frac{1}{2}} \left(\sum_{\lambda_j \leq A' t^{-1}} P_2(\lambda_j r_w^2)^2 r_w^{-2} \int_{B(w, \frac{1}{2}r_w)} |\varphi_j|^2 e^{-\lambda_j t} \right)^{\frac{1}{2}}
$$

\n
$$
\leq_{C_P} P_2 \left(\frac{A'}{\delta_1} \right) |K_t(z, z)|^{\frac{1}{2}} \frac{1}{r_w} \left(\sum_{\lambda_j \leq A' t^{-1}} \int_{B(w, \frac{1}{2}r_w)} |\varphi_j|^2 e^{-\lambda_j t} \right)^{\frac{1}{2}}
$$

\n
$$
\leq_{C_P} P_2 \left(\frac{A'}{\delta_1} \right) |K_t(z, z)|^{\frac{1}{2}} \frac{1}{r_w} \left(\sum_{\lambda_j \leq A' t^{-1}} \int_{B(w, \frac{1}{2}r_w)} |\varphi_j|^2 e^{-\frac{\lambda_j t}{A'}} \right)^{\frac{1}{2}}
$$

\n
$$
\leq_{C_P, C_2} P_2 \left(\frac{A'}{\delta_1} \right) \frac{1}{r_w} |K_t(z, z)|^{\frac{1}{2}} \left(\int_{B(w, \frac{1}{2}r_w)} K_{t/A'}(w', w') \right)^{\frac{1}{2}}
$$

\n
$$
\leq_{C_P, C_2} P_2 \left(\frac{A'}{\delta_1} \right) \frac{1}{r_w} t^{-\frac{d}{2}} A'^{\frac{d}{4}}.
$$

Thus, by reducing A' we get the bound (3.1.8) and (3.1.9). (We note that an alternative approach to the introduction of $e^{-\frac{\lambda_j t}{A'}}$ would have been to reduce δ_1 and note that $\frac{r_w}{t}$ is as large as we want in comparison with $\frac{1}{r_w}$, and then to reduce A' to compensate for the reduction in δ_1 .)

For a domain with Dirichlet boundary conditions, we automatically have a bound on C_{count} as in $(2.1.2)$:

Lemma 3.4.2. (Weyl's Lemma for Dirichlet boundary conditions) Let Ω be a domain in \mathbf{R}^d , Δ a uniformly elliptic operator on Ω as in (2.2.1), with Dirichlet boundary conditions. Let $\lambda_0 \leq \lambda_1 \leq \ldots$ be the eigenvalues of Δ . Then

(3.4.6)
$$
\#\{j \colon \lambda_j \leq \lambda\} \lesssim_{d,c_{\min},c_{\max}} |\Omega| \lambda^{\frac{d}{2}}.
$$

Proof. Let K^{Ω} the associated heat kernel. Extend the coefficient g^{ij} to $\mathbf{R}^{d} \setminus \Omega$ by letting $g^{ij} = \delta^{ij}$, and let \tilde{K} be the associated heat kernel on \mathbb{R}^d . Then K^{Ω} is pointwise dominated by \tilde{K} . Then by estimate (3.3.9) we have, following [23]:

$$
\#\{j\colon \lambda_j \le \lambda\} \le e \cdot \sum e^{\frac{-\lambda_j}{\lambda}} = e \cdot \int_{\Omega} K_{\frac{1}{\lambda}}^{\Omega}(x, x) dx
$$

$$
\le e \cdot \int_{\Omega} \tilde{K}_{\frac{1}{\lambda}}(x, x) dx \lesssim_{d, c_{\min}, c_{\max}} |\Omega| \lambda^{\frac{d}{2}}.
$$

Remark 3.4.3. Notice that in the Dirichlet case C_{count} is independent of Ω . In the Neumann case, if one has good enough estimates on the trace of the corresponding heat kernel, the same proof applies. In general these estimates will depend on Ω , and C_{count} will not be independent of Ω (see e.g. [26, 34]).

Proof of Lemma 3.1.5. In view of Lemma 3.1.4, we will show that the terms in the eigenfunction series corresponding to $j \in \Lambda_L(A) \cap \Lambda_H(A')$ but $j \notin \Lambda_E(p, z, R_z, \delta_0, c_0)$ do not contribute significantly to the lefthand side of (3.1.11). Let $\Lambda_1 = \Lambda_L(A) \cap$ $\Lambda_H(A') \cap (\Lambda_E(p,z,\tilde{R_z},\delta_0,c_0))^c$. We thus have

$$
\left| \sum_{\lambda_j \in \Lambda_1} \varphi_j(w) \partial_p \varphi_j(z) e^{-\lambda_j t} \right| \leq \sum_{\lambda_j \in \Lambda_1} |\varphi_j(w)| \left| \partial_p \varphi_j(z) e^{-\lambda_j t} \right|
$$

\n
$$
\leq \left(\sum_{\lambda_j \in \Lambda_1} |\varphi_j(w)|^2 e^{-\lambda_j t} \right)^{\frac{1}{2}} \left(\sum_{\lambda_j \in \Lambda_1} |\partial_p \varphi_j(z)|^2 e^{-\lambda_j t} \right)^{\frac{1}{2}}
$$

\n
$$
\leq K_t(w, w)^{\frac{1}{2}} \left(\sum_{\lambda_j \in \Lambda_1} |\partial_p \varphi_j(z)|^2 e^{-\lambda_j t} \right)^{\frac{1}{2}}
$$

\n
$$
\leq K_t(w, w)^{\frac{1}{2}} c_0 \frac{1}{R_z} \left(\sum_{\lambda_j \in \Lambda_1} \int_{B(z, \frac{1}{2}\delta_0 R_z)} |\varphi_j|^2 e^{-\lambda_j t} \right)^{\frac{1}{2}}
$$

\n
$$
\leq c_0 \frac{1}{R_z} K_t(w, w)^{\frac{1}{2}} \int_{z' \in B(z, \frac{1}{2}\delta_0 R_z)} K_t(z', z')^{\frac{1}{2}} dz'.
$$

Hence by reducing c_0 and using Proposition 3.1.2 together with Lemma 3.1.4 we conclude the proof. We note that the constant C_9 comes into play since we have to estimate the left hand side of equation $(3.1.11)$.

Remark 3.4.4. The following proof is the only place where we use the bound on $C_{\text{count}}(2.1.2)$.

Proof of Lemma 3.1.6. For sufficiently small b, Equations $(3.4.2)$ and $(3.4.3)$ from Proposition 3.4.1, together with the definition of $\Lambda_E(p, z, R_z, \delta_0, c_0)$ give equation $(3.1.13)$. We turn to showing equation $(3.1.14)$, which is where C_{count} will appear.

Since at this point all the constants are fixed, to ease the notation we let $\Lambda :=$ $\Lambda_L(A) \cap \Lambda_H(A') \cap \Lambda_E(p, z, R_z, \delta_0, c_0)$. Let $w \in B(z, \delta_0 R_z) \setminus B(z, \frac{1}{2}\delta_0 R_z)$ with $w - z$ in the direciton of p. Observe that Proposition 3.1.2 and Lemma 3.1.5 imply that ¯ ¯

$$
K_{\frac{t}{2}}(w,w)\frac{R_z}{t} \sim_{C_1}^{C_2} t^{\frac{-d}{2}} \frac{R_z}{t} \sim_{C_1'}^{C_2'} |\partial_p K_t(w,z)| \sim_{C_5}^{C_6} \left| \sum_{\lambda_j \in \Lambda} \varphi_j(w) \partial_p \varphi_j(z) e^{-\lambda_j t} \right|
$$

$$
\lesssim_{\{d,c_{\min},c_{\max}, ||g||_{\alpha},\alpha\}} R_z^{-1} \sum_{\lambda_j \in \Lambda} |\varphi_j(w) e^{-\lambda_j t}| \left(\int_{B(z,\frac{1}{2}\delta_0 R_z)} |\varphi_j|^2 \right)^{\frac{1}{2}}
$$

(3.4.7)

$$
\leq R_z^{-1} \left(\sum_{\lambda_j \in \Lambda} \varphi_j(w)^2 e^{-2\lambda_j t} \right)^{\frac{1}{2}} \left(\sum_{\lambda_j \in \Lambda} \int_{B(z,\frac{1}{2}\delta_0 R_z)} |\varphi_j|^2 \right)^{\frac{1}{2}}
$$

$$
\leq R_z^{-1} K_{2t}(w,w)^{\frac{1}{2}} \left(\sum_{\lambda_j \in \Lambda} \int_{B(z,\frac{1}{2}\delta_0 R_z)} |\varphi_j|^2 \right)^{\frac{1}{2}}
$$

giving, with constant depending on $C_1, C'_1, C_2, C'_2, C_6, \{d, c_{\min}, c_{\max}, ||g||_{\alpha}, \alpha\},\$

(3.4.8)
$$
t^{\frac{-d}{2}} \left(\frac{R_z^2}{t}\right)^2 \lesssim \sum_{\lambda_j \in \Lambda} \int_{B_{\frac{1}{2}\delta_0 R_z}(z)} |\varphi_j|^2
$$

Thus, by the pigeon-hole principle and Weyl's bound (2.1.2), we have $\lambda_j \in \Lambda_1$ with

.

(3.4.9)
$$
\frac{1}{C_{\text{count}}} \left(\frac{R_z^2}{t}\right)^2 \lesssim \int_{B_{\frac{1}{2}\delta_0 R_z}(z)} |\varphi_j|^2.
$$

This gives equation $(3.1.14)$.

3.5. Supplemental lemmata for the manifold case. We will initially be interested in localizing the manifold Laplacian Δ_M to a ball $B = B_R(z)$, $R \leq r_U(z)$, in a coordinate chart about z , satisfying the assumptions in the Theorem. We will rescale up so that $R = 1$ (and rescale the volume of $\mathcal M$ accordingly). We impose Dirichlet boundary conditions on ∂B , and denote by $\tilde{\Delta}^B$ this Laplacian, which has the expression (2.2.3). We will compare $\tilde{\Delta}^B$ with the Euclidean Laplacian Δ^B on B (also with Dirichlet boundary conditions). We will then compare $\tilde{\Delta}^B$ with the global Laplacian Δ_M on the whole manifold (with Dirichlet or Neumann boundary conditions). The first comparison is most conveniently done through the associated Green functions. We use the following notation:

- (i) $\Delta^B \xi_j = \mu_j \xi_j$ is the eigen-decomposition of Δ^B , with sorted eigenvalues $0 \leq$ $\mu_0 \leq \mu_1 \leq \ldots, \ \tilde{\Delta}^B \tilde{\xi}_j = \tilde{\mu}_j \tilde{\xi}_j$ is the analogous decomposition of $\tilde{\Delta}^B$, and $\Delta_{\mathscr{M}}\varphi_j = \overline{\lambda_j}\varphi_j$ the one for $\Delta_{\mathscr{M}}$. The eigenfunctions are assumed to be normalized in the corresponding natural L^2 spaces;
- (ii) G^B is the Green function on B, associated with Δ^B , with Dirichlet boundary conditions, and K^B the corresponding heat kernel;

- (iii) \tilde{G}^B is the Green function on B, associated with $\tilde{\Delta}^B$, with Dirichlet boundary conditions, and \tilde{K}^B the corresponding heat kernel;
- (iv) the quadratic form associated with q , restricted to B , will be abbreviated as

(3.5.1)
$$
g_B(u,v) = \int_B \sum_{i,j=1}^d g^{ij} \partial_i u \partial_j v.
$$

for suitable u, v .

We will use estimates from [24], where they are stated only for the case of $d \geq 3$. Our Theorems are true also for the case $d = 2$ (and trivially, $d = 1$). This can be seen indirectly by considering $\tilde{\mathcal{M}} := \mathcal{M} \times \mathbf{T}$ and noting that the eigenfunctions of $\tilde{\mathcal{M}}$ and the heat kernel of $\tilde{\mathcal{M}}$ both factor.

We let

$$
(L^*)^p(B) = \{ f: B \to \mathbf{R} \text{ measurable}: ||f||_{(L^*)^p} < +\infty \}
$$

where

$$
||f||_{(L^*)^p} = \sup_{t>0} t |\{x \in B : |f(x)| > t\}|^{\frac{1}{p}}.
$$

We recall the following Theorem from [24].

Theorem 3.5.1. Suppose $d \geq 3$, and $g \in L^{\infty}$ and uniformly elliptic with c_{\min} and c_{max} as in (2.2.1). There exists a unique nonnegative function $\tilde{G}^B : B \to \mathbf{R} \cup \{\infty\},$ called the Green function, such that for each $y \in B$ and any $r > 0$ such that $B_r(y) \subseteq B$,

$$
\tilde{G}^B(\cdot, y) \in W_c^{1,2}(B \setminus B_r(y)) \cap W_c^{1,1}(B),
$$

 $G^B|_{\partial B} = 0$, and for all $\phi \in \mathscr{C}_c^\infty(B)$

$$
g_B(\tilde{G}^B(\cdot,y),\phi) = \phi(y).
$$

Moreover, for each $y \in B$,

(i)
$$
\tilde{G}^{B}(\cdot, y) \in (L^{*})^{\frac{d}{d-2}}
$$
, with, $\|\tilde{G}^{B}\|_{(L^{*})^{\frac{d}{d-2}}} \lesssim_{d,c_{\min}} 1$,
\n(ii) $\nabla \tilde{G}^{B}(\cdot, y) \in (L^{*})^{\frac{d}{d-1}}$, with $\|\nabla \tilde{G}^{B}\|_{(L^{*})^{\frac{d}{d-1}}} \lesssim_{d,c_{\max},c_{\min}} 1$,
\n(iii) $\tilde{G}^{B}(x, y) \gtrsim_{d,c_{\max},c_{\min}} |x - y|^{2-d}$ for $|x - y| \leq \frac{1}{2}d(y, \partial B)$,
\n(iv)

(3.5.2)
$$
\tilde{G}^{B}(x, y) \lesssim_{d, c_{\max}, c_{\min}} |x - y|^{2 - d}.
$$

If $g \in \mathscr{C}^{\alpha}$, we also have (see page 333 in [24])

$$
\big(\mathrm{v}\big)
$$

(3.5.3)
$$
\nabla_y \tilde{G}^B(x, y) \lesssim_{d, c_{\max}, c_{\min}, \alpha, ||g||_{\alpha}} |x - y|^{1 - d},
$$

(vi)

$$
|\nabla_x \tilde{G}^B(x_1, y) - \nabla_x \tilde{G}^B(x_2, y)|
$$

(3.5.4)

$$
\leq d_{c_{\max}, c_{\min}, R^{\alpha}, \alpha, \|g\|_{\alpha}} \frac{|x_1 - x_2|^{\alpha}}{|x_1 - y|^{d + \alpha - 1} + |x_2 - y|^{d + \alpha - 1}}.
$$

Simple consequences of the bounds above are the following inequalities, which we record for future use:

$$
(3.5.5) \qquad \qquad \int_{c_1R \leq \|z-y\| \leq c_2R} |\tilde{G}^R(z,y)|^p \, dy \lesssim_{c_1,c_2,d,c_{\min},c_{\max},p} R^{(2-d)+\frac{d}{p}},
$$

$$
(3.5.6) \qquad \int_{c_1R \le ||z-y|| \le c_2R} |\nabla_y \tilde{G}^R(z,y)|^p \, dy \lesssim_{c_1,c_2,d,c_{\min},c_{\max},\alpha,||g||_{\alpha},p} R^{(1-d)+\frac{d}{p}},
$$

(3.5.7)
$$
\int_B |\nabla_y \tilde{G}^R(z,y)| dy \lesssim_{d,c_{\min},c_{\max},\alpha, \|g\|_{\alpha}} R,
$$

which are an immediate consequence of $(3.5.3)$, and are valid for $c_1, c_2 > 0$ and $0 < R'_z < R_z$.

We recall that if we only assume uniform ellipticity, without any assumption on the modulus of continuity of q, then we have no pointwise estimates on ∇G .

3.5.1. Perturbation of eigenfunctions. We start by comparing eigenfunctions of the Euclidean Δ^B with eigenfunctions of $\tilde{\Delta}^B$. We remind the reader that we have rescaled up to $R = 1$.

Lemma 3.5.2. Let $J > 0$ and $\eta > 0$ be given. There is an $\epsilon_0 = \epsilon_0(J)$ so that if $\epsilon < \epsilon_0$ and Id: $(B, \delta^{ij}) \to (B, g^{ij})$ is $1 + \epsilon$ bi-Lipschitz, then for $j < J$,

$$
\|\xi_j-\tilde{\xi}_j\|_{L^2(B)}\leq \eta,\quad |\mu_j-\tilde{\mu}_j|<\eta\mu_j.
$$

Proof. This follows from Lemma 20 in [23]. \Box

Lemma 3.5.3. There is an integer $\beta_{\text{loc}} > 0$ such that the following bounds hold: $(3.5.8)$ $\tilde{\xi}_j\Vert_{L^\infty(B)}\lesssim_{d,c_{\min},c_{\max}} (\tilde{\mu}_j)^{\beta_{\text{loc}}},$

and if $g^{ij} \in \mathscr{C}^{\alpha}$, we also have

(3.5.9)
$$
\|\nabla_y \tilde{\xi}_j\|_{L^{\infty}(B)} \lesssim_{d,c_{\min},c_{\max},\alpha, \|g\|_{\alpha}} \tilde{\mu}_j(\tilde{\mu}_j)^{\beta_{\text{loc}}},
$$

with $\beta_{\rm loc} = \frac{d-1}{2}$ $\frac{-1}{2}$ for d odd and $\beta_{\text{loc}} = \frac{d}{2}$ $rac{d}{2}$ for d even.

Proof. By the definition of \tilde{G} , and by recalling that $\tilde{G}|_{\partial B} = 0$,

$$
\tilde{\xi}_j = \tilde{G}^B \tilde{\Delta}^B \tilde{\xi}_j = \tilde{\mu}_j \tilde{G}^B \tilde{\xi}_j = \ldots = \tilde{\mu}_j^k \underbrace{\tilde{G}^B \ldots \tilde{G}^B}_{k} \tilde{\xi}_j.
$$

Let p_i, q_i be such that

$$
\sum_{1 \le i \le k} p_i^{-1} - k + 1 = q_k^{-1}.
$$

Then, using Young's inequality we have

$$
\|\underbrace{\tilde{G}^{B}\ast\cdots\ast\tilde{G}^{B}}_{k}\|_{L^{q_{k}}}\lesssim_{q_{k-1},q_{k},p_{k}}\|\underbrace{\tilde{G}^{B}\ast\cdots\ast\tilde{G}^{B}}_{k-1}\|_{L^{q_{k-1}}}\|\tilde{G}^{B}\|_{L^{p_{k}}}
$$

$$
\lesssim_{q_{k-2},q_{k-1},p_{k-1}}\cdots\lesssim_{q_{1},q_{2},p_{2}}\|\tilde{G}^{B}\|_{L^{p_{1}}}\cdots\|\tilde{G}^{B}\|_{L^{p_{k}}}.
$$

We have $\tilde{G}^B \in L^{\frac{d-1}{d-2}}$ by Theorem 3.5.1; we take $p_i = \frac{d-1}{d-2}$ $\frac{d-1}{d-2}$ and take $k = d - 1$ and get

$$
q_{d-1}^{-1} = (d-1)\frac{d-2}{d-1} - (d-1) + 1 = 0,
$$

for odd d

$$
q_{\frac{d-1}{2}}^{-1} = \frac{d-1}{2}\frac{d-2}{d-1} - \frac{d-1}{2} + 1 = \frac{1}{2},
$$

and for even d

$$
q_{\frac{d}{2}}^{-1} = \frac{d}{2}\frac{d-2}{d-1} - \frac{d}{2} + 1 = \frac{d}{2}(\frac{d-2}{d-1} - 1) + 1 \le \frac{1}{2}.
$$

Now, for odd d,

$$
\|\tilde{\xi}_j\|_{\infty} \lesssim \tilde{\mu}_j^{\frac{d-1}{2}} \|\tilde{G}^B * \ldots * \tilde{G}^B\|_{L^2} \|\tilde{\xi}_j\|_{L^2} \le \tilde{\mu}_j^{\frac{d-1}{2}} \|\tilde{G}^B\|_{L^{\frac{d-1}{d-2}}} \lesssim \tilde{\mu}_j^{\frac{d-1}{2}},
$$

which gives the first desired bound. If d is even, do the same with $\frac{d}{2}$ replacing $\frac{d-1}{2}$. For the gradient estimate, we have

$$
|\nabla_y \tilde{\xi}_j| = |\nabla_y g_B(\tilde{G}^B, \tilde{\xi}_j)| = |\nabla_y \int_B \tilde{G}^B \tilde{\Delta}^B \tilde{\xi}_j| = |\tilde{\mu}_j \nabla_y \int \tilde{G}^B \tilde{\xi}_j| \le \tilde{\mu}_j ||\nabla_y \tilde{G}^B||_{L^1} ||\tilde{\xi}_j||_{\infty},
$$

where we used the defining property of \tilde{G}^B in Theorem 3.5.1 and Green's Theorem. We estimate the last term by $(3.5.8)$ and equation $(3.5.3)$ to get the desired result. \Box

We can now convert the L^2 -estimates in Lemma 3.5.2 into L^{∞} -estimates. We will need the following

Lemma 3.5.4. Assume that $|g^{ij}(x) - \delta^{ij}| < \epsilon$ for $x \in B$. Then for $\psi \in C_c^{\infty}(B)$ we have ° °

$$
(3.5.10) \left\| \int_B \langle \nabla \left(\tilde{G}^B(z, w) - G^B(z, w) \right), \nabla \psi(z) \rangle dz \right\|_{L^\infty(B)} \le \epsilon \|\nabla_y \tilde{G}^B\|_{L^1} \|\nabla \psi\|_{L^\infty(B)},
$$

and if $g^{ij} \in \mathscr{C}^{\alpha}$, we also have ° ˆ

(3.5.11)
$$
\left\| \int_{B} \langle \nabla \left(\tilde{G}^{B}(z, w) - G^{B}(z, w) \right), \nabla \tilde{\xi}_{l}(z) \rangle dz \right\|_{L^{\infty}(B)} \lesssim_{d, c_{\min}, c_{\max}, \alpha, \|g\|_{\alpha}} \epsilon \tilde{\mu}_{l}(\tilde{\mu}_{l})^{\beta_{\text{loc}}}
$$

as well as °

as well as
\n
$$
(3.5.12) \left\| \int_B \langle \nabla \left(\tilde{G}^B(z, w) - G^B(z, w) \right), \nabla \xi_l(z) \rangle dz \right\|_{L^\infty(B)} \lesssim_{d, c_{\min}, c_{\max}, \alpha, \|g\|_{\alpha}} \epsilon \mu_l(\mu_l)^{\beta_{\text{loc}}}
$$

with β_{loc} as in Lemma 3.5.3.

Proof. Now

Now
\n
$$
\left\| \int_{B} \langle \nabla \left(G^{B}(z, w) - \tilde{G}^{B}(z, w) \right), \nabla \psi(z) \rangle dz \right\|_{L^{\infty}(B)}
$$
\n
$$
= \left\| \int_{B} \sum_{i,j} \delta^{ij} \partial_{i} \left(G^{B}(z, w) - \tilde{G}^{B}(z, w) \right) \partial_{j} \psi(z) dz \right\|_{L^{\infty}(B)}
$$
\n
$$
= \left\| \int_{B} \sum_{i,j} \left(\delta^{ij} \partial_{i} G^{B}(z, w) - g^{ij}(z) \partial_{i} \tilde{G}^{B}(z, w) \right) \partial_{j} \psi(z) dz \right\|_{L^{\infty}(B)}
$$
\n
$$
+ \int_{B} \sum_{i,j} \left(g^{ij}(z) \partial_{i} \tilde{G}^{B}(z, w) - \delta^{ij} \partial_{i} \tilde{G}^{B}(z, w) \right) \partial_{j} \psi(z) dz \right\|_{L^{\infty}(B)}
$$
\n
$$
= \left\| \int_{B} \sum_{i,j} \left((g^{ij}(z) - \delta^{ij}) \partial_{i} \tilde{G}^{B}(z, w) \right) \partial_{j} \psi(z) dz \right\|_{L^{\infty}(B)}
$$

$$
\lesssim \epsilon \|\nabla_y \tilde{G}^B\|_{L^1} \|\nabla \psi\|_{L^\infty(B)}
$$

which gives $(3.5.10)$. Using Lemma 3.5.3 one also gets $(3.5.11)$ and $(3.5.12)$. \Box

Lemma 3.5.5. Let $J, \eta > 0$ be given. Let β_{loc} be as in Lemma 3.5.3. There is an ϵ_0 which depends on J, η , d, c_{max} , c_{min} , $||g||_{\alpha}$, α), so that if $\epsilon < \epsilon_0$, and $|g^{il}(x) - \delta^{il}| < \epsilon$ for $x \in B$, then for $j < J$,

$$
|\mu_j - \tilde{\mu}_j| < \eta \mu_j,
$$

(3.5.14)
$$
\|\xi_j - \tilde{\xi}_j\|_{L^{\infty}(B)} \lesssim_{d,c_{\min},c_{\max},\|g\|_{\alpha},\alpha} \eta Q_1(\tilde{\mu}_l),
$$

where Q_1 is a polynomial of degree $2\beta_{\text{loc}}$. If $g \in \mathscr{C}^{\alpha}$, we also have

(3.5.15)
$$
\|\nabla(\xi_j-\tilde{\xi}_j)\|_{L^\infty} \lesssim_{d,c_{\min},c_{\max},\|g\|_{\alpha},\alpha} \eta Q_2(\tilde{\mu}_l),
$$

where Q_2 is a polynomial of degree $2\beta_{\text{loc}} + 1$.

Proof. The bound (3.5.13) follows from Lemma 3.5.2. Let q_i and p_i be as in the proof of Lemma 3.5.3.

We have using the definitions of G^B and \tilde{G}^B

$$
\xi_l(w) - \tilde{\xi}_l(w) = \int_B \sum_{i,j} \delta^{ij} \partial_i G^B(z, w) \partial_j \xi_l(z) - g^{ij}(z) \partial_i \tilde{G}^B(z, w) \partial_j \tilde{\xi}_l(z) dz
$$

\n
$$
= \int_B \sum_{i,j} \delta^{ij} \left(\partial_i G^B(z, w) \partial_j \xi_l(z) - \partial_i \tilde{G}^B(z, w) \partial_j \xi_l(z) \right)
$$

\n
$$
+ \left(\delta^{ij} \partial_i \tilde{G}^B(z, w) \partial_j \tilde{\xi}_l(z) - g^{ij}(z) \partial_i \tilde{G}^B(z, w) \partial_j \xi_l(z) \right) dz
$$

\n
$$
= E^1(w) + \int_B \sum_{i,j} \left(\partial_i \tilde{G}^B(z, w) \partial_j \xi_l(z) - g^{ij}(z) \partial_i \tilde{G}^B(z, w) \partial_j \tilde{\xi}_l(z) \right) dz
$$

\n
$$
= E^1(w) + \mu_l \cdot \tilde{G}^B * \xi_l(w) - \tilde{\mu}_l \cdot \tilde{G}^B * \tilde{\xi}_l(w)
$$

\n
$$
= E^1(w) + (\mu_l - \tilde{\mu}_l) \cdot \tilde{G}^B * \xi_l(w) + \tilde{\mu}_l \cdot \tilde{G}^B * (\xi_l - \tilde{\xi}_l)(w)
$$

\n
$$
= E^1(w) + E^2(w) + \tilde{\mu}_l \cdot \tilde{G}^B * (\xi_l - \tilde{\xi}_l)(w),
$$

where we have from equation $(3.5.12)$

$$
(3.5.16) \t\t\t ||E^1||_{L^{\infty}(B)} \lesssim_{d,c_{\min},c_{\max},\alpha,||g||_{\alpha}} \epsilon \mu_l(\mu_l)^{\beta_{\text{loc}}}
$$

and

(3.5.17)
$$
||E^2||_{L^{\infty}(B)} \lesssim_{d,c_{\min},c_{\max},\alpha,||g||_{\alpha}} \eta \mu_l \cdot (\mu_l)^{\beta_{\text{loc}}}.
$$

Iterating, we have

$$
|\xi_{l}(w) - \tilde{\xi}_{l}(w)| = |E^{1}(w) + E^{2}(w) + \tilde{\mu}_{l} \cdot \tilde{G}^{B} * (\xi_{l} - \tilde{\xi}_{l})(w)|
$$

\n= |E¹(w) + E²(w) + \tilde{\mu}_{l} \cdot \tilde{G}^{B} * (E^{1} + E^{2} + \tilde{\mu}_{l} \cdot \tilde{G}^{B} * (\xi_{l} - \tilde{\xi}_{l})) (w)|.
\n= ...
\n\leq ||E^{1} + E^{2}||_{L^{\infty}(B)} \sum_{k=0}^{\beta_{\text{loc}}-1} (\tilde{\mu}_{l} || \tilde{G}^{B}||_{L^{1}(B)})^{k} + \tilde{\mu}_{l}^{\beta_{\text{loc}}} |\tilde{G}^{B} * ... * \tilde{G}^{B} * (\xi_{l}(w) - \tilde{\xi}_{l}(w))|

$$
\leq \|E^{1} + E^{2}\|_{L^{\infty}(B)} \sum_{k=0}^{\beta_{\text{loc}}-1} \left(\tilde{\mu}_{l} \|\tilde{G}^{B}\|_{L^{1}(B)}\right)^{k} + \tilde{\mu}_{l}^{\beta_{\text{loc}}} \|\tilde{G}^{B}\|_{L^{\frac{d-1}{d-2}}} \|\xi_{l} - \tilde{\xi}_{l}\|_{2}
$$

$$
\lesssim 2\eta \mu_{l}(\mu_{l})^{\beta_{\text{loc}}} \sum_{k=0}^{\beta_{\text{loc}}-1} \tilde{\mu}_{l}^{k} + \eta \cdot \tilde{\mu}_{l}^{\beta_{\text{loc}}} = \eta Q_{1}(\tilde{\mu}_{l}),
$$

where we require for the penultimate inequality $\epsilon < \eta$.

To prove the gradient estimate, ¯

$$
\left| \nabla (\tilde{\xi}_j - \xi_j) (y) \right| = \left| \nabla_y \int \sum_{i,l} \partial_{z_i} \tilde{G}^R(z, y) g^{il} \partial_{z_l} \tilde{\xi}_j(z) - \sum_{i,l} \partial_{z_i} G^B(z, y) \delta^{il} \partial_{z_l} \xi_j(z) \right| \n= \left| \nabla_y \int \tilde{G}^R(z, y) \tilde{\mu}_j \tilde{\xi}_j(z) - G^B(z, y) \mu_j \xi_j(z) \right| \n= \left| \int \nabla_y \tilde{G}^R(z, y) \tilde{\mu}_j \tilde{\xi}_j(z) - \nabla_y G^B(z, y) \mu_j \xi_j(z) \right| \n\leq \int \left| \nabla_y (\tilde{G}^R - G^B)(z, y) \right| \cdot \left| \tilde{\mu}_j \tilde{\xi}_j(z) \right| \n+ \left| \nabla_y G^B(z, y) \right| \cdot \left| \tilde{\mu}_j \tilde{\xi}_j(z) - \mu_j \xi_j(z) \right|.
$$

Now using equation (3.5.14), Lemma 3.5.2, and Theorem 3.5.1 we get equation $(3.5.15)$.

3.5.2. Bounds on eigenfunctions. The main goal of this section is to prove Proposition 3.4.1. We note that the inequalities $(3.4.1)$, $(3.4.2)$, and $(3.4.3)$ are invariant under scalings of the metric, and so, once again, we assume in the proof of this Proposition and in all the Lemmata that $R = 1$. In this section all constants subsumed in \leq and \geq will in general depend on d, c_{\min}, c_{\max} , $||g||_{\alpha}$, α . We will need the following result.

Lemma 3.5.6. (Lemma 3.1 from [24]) Suppose h is a bounded solution of $\tilde{\Delta}^B h =$ 0 in B. Then

$$
(3.5.18) \t |\nabla h(x)| \lesssim_{d,c_{\min},c_{\max},\|g\|_{\alpha},\alpha} (1-\text{dist}(x,z))^{-1} \|h\|_{L^{\infty}(B)}.
$$

Lemma 3.5.7. Assume that $g \in \mathscr{C}^{\alpha}$ and $\tilde{\Delta}^{B}h = 0$ on $B = B_1(z)$. Then for any $r<1$

$$
||h||_{L^{\infty}(B_r(z))} \lesssim_{d,c_{\min},c_{\max}} C_r ||h||_{L^2(B_{2r}(z))}
$$

and

$$
\|\nabla h\|_{L^{\infty}(B_{\frac{r}{2}}(z))}\lesssim_{d,c_{\min},c_{\max},\|g\|_{\alpha},\alpha}C_r'\|h\|_{L^2(B_{2r}(z))}.
$$

Proof. Let r as above be given. Fix $0 < a_1 < a_2 < 1$. By the coarea formula [22], we have \int_{a}^{a}

$$
\int_{a_1}^{a_2} \int_{\{x \in B_r(z) : \tilde{G}^r(x) = t\}} |h(x)| d\mathcal{H}^{d-1}(x) dt = \int_{\{x \in B_r(z) : a_1 < \tilde{G}^r(x) < a_2\}} |h \nabla \tilde{G}^r| dx
$$

\n
$$
\leq ||h||_{L^2(B_r(z))} |||\nabla \tilde{G}^r||_{L^2(B_{C(d,\frac{c_{\max}}{c_{\min}}}a_2^{d-2})}(z) \cdot B_{c(d,\frac{c_{\max}}{c_{\min}}a_1^{d-2})}(z)) \lesssim ||h||_{L^2(B_r(z))}
$$

¯

by estimate (3.5.6). Hence there exists $t^* \in [a_1, a_2]$ such that

$$
\int_{\{x \in B_r(z) : \tilde{G}^r = t^*\}} |h(x)| d\mathcal{H}^{d-1}(x) \lesssim \|h\|_{L^2(B_r(z))} (a_2 - a_1)^{-1}.
$$

Now, by $\tilde{\Delta}^B$ harmonicity,

$$
|h(z)| = \left| \int_{\{y \in B_r(z) : \tilde{G}^r(y) = t^*\}} h(y) \frac{\partial \tilde{G}^r}{\partial n}(z, y) d\mathcal{H}^{d-1}(y) \right|
$$

\n
$$
\leq \|\nabla \tilde{G}^r\|_{L^{\infty}(\{\tilde{G}^r(y) = t^*\})} \int_{\{y \in B_r(z) : \tilde{G}^r = t^*\}} |h(y)| d\mathcal{H}^{d-1}(y)
$$

\n
$$
\lesssim \|h\|_{L^2(B_r(z))} \lesssim_{a_1, a_2, d, c_{\min}, c_{\max}} \|h\|_{L^2(B_r(z))}.
$$

Essentially the same proof holds if we replace z by $w \in B_r(z)$ in the above estimates, giving the desired bound on h.

In order to estimate the gradient, we use Lemma 3.5.6, which gives us

$$
\|\nabla h\|_{L^{\infty}(B_{\frac{r}{2}}(z))} \lesssim_{d,c_{\min},c_{\max},\|g\|_{\alpha},\alpha} C_r'\|h\|_{L^{\infty}(B_r(z))},
$$

which implies the desired estimate. \Box

Lemma 3.5.8. Assume that $g \in \mathscr{C}^{\alpha}$. Let $\tilde{\xi}_j$ and φ_k be as above. Then we have the estimate

$$
(3.5.19) \qquad \|\tilde{\xi}_j \varphi_k\|_{L^{\frac{2d}{d-2}}(B)} \lesssim_{d,c_{\min},c_{\max},\|g\|_{\alpha},\alpha} (((\tilde{\mu}_j+\lambda_k))^{\frac{1}{2}}+\tilde{\mu}_j)(\tilde{\mu}_j)^{\beta_{\text{loc}}}\|\varphi_k\|_{L^2(B)}.
$$

Proof. By the Sobolev embedding Theorem it is enough to prove that

$$
(3.5.20) \t\t\t \|\nabla(\tilde{\xi}_j \varphi_k)\|_{L^2(B)} \lesssim (((\tilde{\mu}_j + \lambda_k))^{\frac{1}{2}} + \tilde{\mu}_j)(\tilde{\mu}_j)^{\beta_{\text{loc}}} \|\varphi_k\|_{L^2(B)}.
$$

To this end, first note that we may write

(3.5.21)
\n
$$
\tilde{\Delta}^{B}(\tilde{\xi}_{j}\varphi_{k}) = \varphi_{k}\tilde{\Delta}^{B}\tilde{\xi}_{j} + \tilde{\xi}_{j}\tilde{\Delta}^{B}\varphi_{k} + \sum_{i,j=1}^{d} g^{ij}\partial_{i}\varphi_{k}\partial_{j}\tilde{\xi}_{j}
$$
\n
$$
= (\tilde{\mu}_{j} + \lambda_{k})\varphi_{k}\tilde{\xi}_{j} + \sum_{i,j=1}^{d} g^{ij}\partial_{i}\varphi_{k}\partial_{j}\tilde{\xi}_{j},
$$

and so $\tilde{\Delta}^B(\tilde{\xi}_j\varphi_k)$ is defined as a function, and not just a distribution. Observe that φ_l does not satisfy any particular boundary condition on ∂B , however since $\tilde{\xi}_j = 0$ on ∂B , integration by parts gives

(3.5.22)
$$
\langle \tilde{\xi}_j \varphi_k, \tilde{\Delta}^B(\tilde{\xi}_j \varphi_k) \rangle_B = g_B(\nabla(\tilde{\xi}_j \varphi_k), \nabla(\tilde{\xi}_j \varphi_k)).
$$

Now, since q is a positive quadratic form,

$$
\langle \nabla(\tilde{\xi}_j \varphi_k), \nabla(\tilde{\xi}_j \varphi_k) \rangle_{g_B} = \langle \tilde{\xi}_j \nabla \varphi_k + \varphi_k \nabla \tilde{\xi}_j, \tilde{\xi}_j \nabla \varphi_k + \varphi_k \nabla \tilde{\xi}_j \rangle_{g_B}
$$

\n
$$
\geq \langle \tilde{\xi}_j \nabla \varphi_k, \tilde{\xi}_j \nabla \varphi_k \rangle_{g_B} - 2 \left| \langle \varphi_k \nabla \tilde{\xi}_j, \tilde{\xi}_j \nabla \varphi_k \rangle_{g_B} \right|
$$

and therefore

$$
g_B(\tilde{\xi}_j \nabla \varphi_k, \tilde{\xi}_j \nabla \varphi_k) \leq g_B(\nabla(\tilde{\xi}_j \varphi_k), \nabla(\tilde{\xi}_j \varphi_k)) + 2|g_R(\varphi_k \nabla \tilde{\xi}_j, \tilde{\xi}_j \nabla \varphi_k)|
$$

\n
$$
= \langle \tilde{\xi}_j \varphi_k, \tilde{\Delta}^B(\tilde{\xi}_j \varphi_k) \rangle_B + 2|g_R(\varphi_k \nabla \tilde{\xi}_j, \tilde{\xi}_j \nabla \varphi_k)|
$$

\n
$$
\leq \langle \tilde{\xi}_j \varphi_k, ((\tilde{\mu}_j + \lambda_k) \tilde{\xi}_j \varphi_k) \rangle_B + 4|g_R(\varphi_k \nabla \tilde{\xi}_j, \tilde{\xi}_j \nabla \varphi_k)|
$$

\n
$$
\lesssim (\tilde{\mu}_j + \lambda_k) \|\tilde{\xi}_j^2\|_{\infty} \|\varphi_k\|_{L^2(B)}^2 + \|\nabla \tilde{\xi}_j\|_{\infty} \|\varphi_k\|_{L^2(B)} g_B(\tilde{\xi}_j \nabla \varphi_k, \tilde{\xi}_j \nabla \varphi_k)^{\frac{1}{2}}
$$

\n
$$
\lesssim (\tilde{\mu}_j + \lambda_k)(\tilde{\mu}_j)^{2\beta_{\text{loc}}} \|\varphi_k\|_{L^2(B)}^2 + \tilde{\mu}_j(\tilde{\mu}_j)^{\beta_{\text{loc}}} \|\varphi_k\|_{L^2(B)} g_B(\tilde{\xi}_j \nabla \varphi_k, \tilde{\xi}_j \nabla \varphi_k)^{\frac{1}{2}}
$$

giving

$$
g_B(\tilde{\xi}_j \nabla \varphi_k, \tilde{\xi}_j \nabla \varphi_k)^{\frac{1}{2}} = \|\tilde{\xi}_j \nabla \varphi_k\|_{L^2(B_r(z))} \lesssim ((\tilde{\mu}_j + \lambda_k)^{\frac{1}{2}} + \tilde{\mu}_j)(\tilde{\mu}_j)^{\beta_{\text{loc}}} \|\varphi_k\|_{L^2(B)}.
$$

Finally,

$$
\nabla(\tilde{\xi}_j \varphi_k) \leq |\varphi_k| |\nabla \tilde{\xi}_j| + |\tilde{\xi}_j \nabla \varphi_k|
$$

gives equation $(3.5.20)$.

Proof of Proposition 3.4.1. We recall that we rescaled so that $R = 1$. Let $\psi = \sum_{1}^{PIOG}$ $\int_1^N a_j \xi_j$ be a (finite) sum of (Euclidean) Dirichlet eigenfunctions of B such that

$$
\frac{1}{2} \le \psi(x) \le 2 \quad \text{and} \quad x \in B_{R/2}(z) \subsetneq B
$$

and $\sum_{1}^{N} |a_j| \leq C, \mu_j \leq C, 1 \leq j \leq N$. One may obtain such a sequence by taking $\psi' \in \overline{C}^{\infty}(\overline{B})$ with $0 \le \psi' \le 1$, $\psi'|_{B_{R/2}(z)} = 1$ and $\psi'|_{\partial B(z)} = 0$ and then take ψ to be a truncation of the eigenfunction expansion of ψ' . Let $\tilde{\psi} = \sum_{1}^{N} a_{j} \tilde{\xi}_{j}$ be the sum of the $\sum_{n=1}^{\infty}$ corresponding Dirichlet eigenfunctions for B with respect to $\tilde{\Delta}^{B}$. By Lemma 3.5.5 and $|g^{ik}(x) - \delta^{ik}| < \epsilon$ (with ϵ sufficiently small), we have, for $x \in B_{R/2}(z)$,

$$
\frac{1}{4} \le \tilde{\psi}(x) \le 3.
$$

By Lemma 3.5.8

$$
\|\varphi_j\|_{L^{\frac{2d}{d-2}}(B))} \le \|\tilde{\psi}\varphi_j\|_{L^{\frac{2d}{d-2}}(B)} \le \sum |a_i| \|\tilde{\xi}_i\varphi_j\|_{L^{\frac{2d}{d-2}}(B)}
$$
\n
$$
\lesssim \sum |a_i| \left((\tilde{\mu}_i + \lambda_j)^{\frac{1}{2}} + \tilde{\mu}_i \right) (\tilde{\mu}_i)^{\beta_{\text{loc}}} \|\varphi_j\|_{L^2(B)}
$$
\n
$$
\lesssim_C (\lambda_j + 1)^{\frac{1}{2}} \|\varphi_j\|_{L^2(B)}.
$$

We are now ready to prove inequality (3.4.1). Let $r_0 = R = 1 > r_1 > r_2 > \cdots \geq$ $\frac{R}{2}=\frac{1}{2}$ $\frac{1}{2}$. Write $\varphi_j|_{B_{r_0}(z)}$ on as $\varphi_j|_{B_{r_0}(z)} = u + v$, where (3.5.24) $v = \tilde{G}^B(\tilde{\Delta}^B \varphi_j) = \lambda_j \tilde{G}^B(\varphi_j)$

since \tilde{G}^B is the Green function for the Dirichlet problem on $B_{r_0}(z)$. Hence $\tilde{\Delta}^B u = 0$. We use (see below) Lemma 3.5.7 in conjunction with the above decomposition, to show that $\varphi_j \in L^{\infty}(B_{r_{\infty}}(z))$. We will then (see below) get (3.4.2) from differentiating (3.5.24) and using Lemma 3.5.7. Initially, by (3.5.23), Theorem 3.5.1, (3.5.24) and Young's inequality, with $p_0 = \frac{2d}{d}$ $\frac{2d}{d-2}$ and $1 \leq p_1 = \frac{2d}{d-6}$ $\frac{2d}{d-6+\eta_1}$ (with $0 < \eta_1 < 4$ of our choice, implied by the estimates on the Green function in Theorem 3.5.1), we have

$$
||v||_{L^{p_1}(B_{r_0}(z))} \lesssim \lambda_j ||\varphi_j||_{L^{p_0}(B_{r_0}(z))},
$$

giving, by Lemma 3.5.7 (since $p_1 > p_0 > 2$),

$$
||u||_{L^{\infty}(B_{r_1}(z))} \lesssim ||u||_{L^2(B_{r_0}(z))} \lesssim (1+\lambda_j) ||\varphi_j||_{L^2(B_{r_0}(z))}.
$$

Thus, we have

$$
\|\varphi_j\|_{L^{p_1}(B_{r_1}(z))} \lesssim (1+\lambda_j) \|\varphi_j\|_{L^{p_0}(B_{r_0}(z))} \lesssim (\lambda_j+1)^{\frac{3}{2}} \|\varphi_j\|_{L^2(B)}.
$$

Let $1 \leq p_i = \frac{2d}{d-2-4i+5}$ $\frac{2a}{d-2-4i+\sum}$ $\frac{1}{k \leq i \eta_k}$ (with $0 < \eta_i < 4$ of our choice) and $v_i = \tilde{G}^{r_i}(\tilde{\Delta}^{r_i} \varphi_j)$. Similarly, we have

$$
||v_i||_{L^{p_i}(B_{r_{i-1}}(z))} \lesssim \lambda_j ||\varphi_j||_{L^{p_{i-1}}(B_{r_{i-1}}(z))}
$$

and for $u_i = \varphi_j - v_i$

$$
||u_i||_{L^{\infty}(B_{r_i}(z))} \lesssim ||u||_{L^2(B_{r_{i-1}}(z))} \lesssim (1+\lambda_j) ||\varphi_j||_{L^2(B_{r_{i-1}}(z))}.
$$

Thus, we have by induction

$$
\|\varphi_j\|_{L^{p_i}(B_{r_i}(z))} \lesssim (1+\lambda_j) \|\varphi_j\|_{L^{p_{i-1}}(B_{r_{i-1}}(z))} \lesssim (\lambda_j+1)^{i+\frac{1}{2}} \|\varphi_j\|_{L^{p_2}(B)}.
$$

Let β be the smallest integer larger or equal than $\frac{d-2}{4}$. We may choose $\{\eta_i\}$ so that $p_\beta = \infty$. This gives equation (3.4.1).

In order to upper bound $\|\nabla\varphi_j\|$ we note that (recalling that $r_\beta \sim R \sim 1$)

$$
\|\nabla v_{\beta}\|_{L^{\infty}(B_{r_{\beta}})}=\|\nabla \tilde{G}^{r_{\beta}}(\tilde{\Delta}^{r_{\beta}}\varphi_{j})\|_{L^{\infty}(B_{r_{\beta}})}\leq \lambda_{j}\|\tilde{G}^{r_{\beta}}\|_{L^{1}(B_{r_{\beta}})}\|\varphi\|_{L^{\infty}(B_{r_{\beta}})}.
$$

We also note that we have

$$
\|\nabla u_{\beta}\|_{L^{\infty}(B_{\frac{1}{2}r_{\beta}})}\lesssim \|\varphi\|_{L^{\infty}(B_{r_{\beta}})}
$$

from Lemma 3.5.7. Thus combining the last two estimates, we have (3.4.2).

Finally, we prove (3.4.3). Let $\chi \in C^{\infty}(\mathbf{R})$ be a function so that $0 \leq \chi \leq 1$, $\chi(s)|_{s \leq K_1} = 0$ and $\chi(s)|_{s \geq K_2} = 1$. We define η , a cutoff function, such that $\eta|_{B(z, \frac{1}{4}R)} =$ 1 and $\eta|_{|x|\geq \frac{1}{2}R} = 0$ as follows. Define $\eta(x) = \chi(G(z, x))$, and choose K_1, K_2 above so that η has the desired cutoff radius. We get that

$$
\tilde{\Delta}^{B}(\eta)(x) = \tilde{\Delta}(\chi(G(z, x))) = \sum_{i,j} \partial_{x_i} g^{ij} \partial_{x_j} \chi(G(z, x))
$$

=
$$
\sum_{i,j} \partial_{x_i} (\chi'(G(z, x))) g^{ij} \partial_{x_j} G(z, x)
$$

=
$$
\chi''(G(z, x)) \left(\sum_{i,j} \partial_{x_i} G(z, x) g^{ij} \partial_{x_j} G(z, x) + \chi'(G(z, x)) \tilde{\Delta}_x G(z, x),
$$

where the second term in the last line is 0 as $\tilde{\Delta}_x G(z, x)$ is a distribution which equals 0 on the support of $\chi'(G(z, x))$. By choice of χ and Theorem 3.5.1, this gives $\Delta(\eta) \leq 1.$

Now, let $x, y \in B = B(z, \frac{1}{4}R)$. Let $\tilde{G} = \tilde{G}^B$ be the Green's function for B. Then $\|\nabla \varphi(x) - \nabla \varphi(u)\| = \|\nabla (\varphi u)(x) - \nabla \varphi u)(u)\|$

(3.5.25)

$$
\begin{aligned}\n(3.5.25) \quad &= \left\| \int \left(\nabla_1 G(x, w) - \nabla_1 G(y, w) \right) \tilde{\Delta}^B(\varphi \eta)(w) \, dw \right\| \\
&\leq \left| \tilde{\Delta}^B(\varphi \eta)(w) \right|_{L^\infty(B)} \int \left\| \nabla_1 G(x, w) - \nabla_1 G(y, w) \right\| \, dw.\n\end{aligned}
$$

We have (using uniform ellipticity as well as Proposition 3.4.1)

$$
|\tilde{\Delta}^{B}(\varphi\eta)(w)| \lesssim |\eta \tilde{\Delta}^{B}\varphi(w)| + |\varphi(w)\tilde{\Delta}^{B}\eta| + |\nabla\eta||\nabla\varphi|
$$

\n
$$
\leq (||\tilde{\Delta}^{B}\eta||_{\infty} + \lambda||\eta||_{\infty}) ||\varphi||_{L^{\infty}(B)} + ||\nabla\eta||_{\infty} ||\nabla\varphi||_{L^{\infty}(B)}
$$

\n
$$
\lesssim (1 + \lambda) ||\varphi||_{L^{\infty}(B)} + ||\nabla\varphi||_{L^{\infty}(B)}
$$

\n
$$
\lesssim (1 + \lambda) P_{1}(\lambda) ||\varphi||_{L^{2}(B)} + \lambda P_{2}(\lambda) ||\varphi||_{L^{2}(B)}
$$

\n
$$
\lesssim ((1 + \lambda) P_{1}(\lambda) + \lambda P_{2}(\lambda)) ||\varphi||_{L^{2}(B)}
$$

by using $(3.4.2)$. Combining $(3.5.25)$ with $(3.5.26)$ and $(3.5.4)$ we get

$$
(3.5.27) \t\t\t\t \|\nabla \varphi(x) - \nabla \varphi(y)\| \lesssim P_3(\lambda) \|\varphi\|_{L^2(B)} |x - y|^\alpha.
$$

Proof of Lemma 3.2.1. This follows from Lemma 20 in [23] together with Proposition 3.4.1; we have $\mathscr{C}^{1+\alpha}$ functions which are close in $L^2(B)$. Hence, they are also close in $L^{\infty}(B)$, i.e. equation (3.2.1) holds and so does (3.2.2).

3.5.3. Heat kernel estimates. This subsection makes no assumptions on the finiteness of the volume of $\mathscr M$ and the existence of C_{count} for the manifold $\mathscr M$. It will however use these properties for a manifold ball.

We fix a ball $B = B_R(x)$ for which we estimate the heat kernel \tilde{K}^B by comparing it to K^B . Suppose that $\{\xi_j\}$ is an orthonormal basis for $L^2(\tilde{B})$ (with manifold measure). In this section all constants subsumed in \leq, \geq and ∼ will in general depend on d, $c_{\min}, c_{\max}, ||g||_{\alpha}, \alpha$.

Lemma 3.5.9. Let $A_1 > 1$ and a sufficiently small $\eta_0 = \eta_0(A_1) > 0$ be given. Assume ϵ_0 is sufficiently small (depending on η_0 , A_1 , as well as the usual d, c_{\min} , c_{\max} , $||g||_{\alpha}$, α), and $|g^{ik}(x) - \delta^{ik}| < \epsilon_0$. For $y \in B_{\frac{R}{2}}(x) \subset \Omega$, with $|x - y|^2 \lesssim t \sim R^2 \le 1$ in a similar fashion to Assumption A.1, we have

¯

$$
(3.5.28) \qquad \sum_{\mu_i \leq \frac{A_1}{t}} \xi_i(x)\xi_i(y)e^{-\mu_i t} \sim_{\eta_0, A_1, d, c_{\max}, c_{\min}, ||g||_{\alpha}, \alpha} \sum_{\tilde{\mu}_i \leq \frac{A_1}{t}} \tilde{\xi}_i(x)\tilde{\xi}_i(y)e^{-\tilde{\mu}_i t}.
$$

If, in addition, we also have $|x-y|^2 \sim t$, then

(3.5.29)

$$
\sum_{\mu_i \leq \frac{A_1}{t}} \xi_i(x) \nabla \xi_i(y) e^{-\mu_i t} - \sum_{\tilde{\mu}_i \leq \frac{A_1}{t}} \tilde{\xi}_i(x) \nabla \tilde{\xi}_i(y) e^{-\tilde{\mu}_i t}
$$

$$
\lesssim_{A_1, d, c_{\text{max}}, c_{\text{min}}, ||g||_{\alpha}, \alpha} \eta_0 \cdot \frac{R}{t} t^{\frac{-d}{2}}.
$$

The constants in (3.5.28) go to 1 as $\eta_0 \to 0$.

Proof. We apply Lemma 3.5.5 with $J = #\{j : \mu_i \leq A_1/t\} \leq \left(\frac{A_1}{t}\right)^2$ t $\frac{d}{dx}$ $\frac{d}{2} R^d \sim A_1^{\frac{d}{2}}$ and with $\eta < \eta_0$. Let ϵ_0 be as guaranteed by Lemma 3.5.5. Since ξ_i 's and $\tilde{\xi}_i$'s are L^2 -normalized, Lemma 3.5.3 and 3.5.5 implies for $\mu_i \leq \frac{A_1}{L}$ t

$$
|\xi_i(x)\xi_i(y)e^{-\mu_i t} - \tilde{\xi}_i(x)\tilde{\xi}_i(y)e^{-\tilde{\mu}_i t}|
$$

\n
$$
\leq |\xi_i(x) - \tilde{\xi}_i(x)||\xi_i(y)|e^{-\mu_i t} + |\xi_i(y) - \tilde{\xi}_i(y)||\xi_i(x)|e^{-\mu_i t} + |\xi_i(x)||\xi_i(y)||e^{-\mu_i t} - e^{-\tilde{\mu}_i t}|
$$

\n
$$
\lesssim Q_1(A_1t^{-1}R^2)\eta\left(|\xi_i(y)|e^{-\mu_i t} + |\xi_i(x)|e^{-\mu_i t}\right) + |\xi_i(x)||\xi_i(y)|t\eta\mu_i e^{-\mu_i t} \lesssim A_1^{3\beta_{\text{loc}}+1}\eta.
$$

Using Weyl's Lemma (Lemma 3.4.2) for the ball with Dirichlet boundary conditions (see Lemma 3.4.2), we have

$$
\left\|\sum_{\mu_i\leq \frac{A_1}{t}}\xi_i(x)\xi_i(y)e^{-\mu_i t} - \sum_{\tilde{\mu}_i\leq \frac{A_1}{t}}\tilde{\xi}_i(x)\tilde{\xi}_i(y)e^{-\tilde{\mu}_i t}\right\| \lesssim A_1^{3\beta_{\text{loc}}}(1+A_1)\eta J
$$

$$
\lesssim A_1^{3\beta_{\text{loc}}+1}\eta \sum_{\mu_i\leq \frac{A_1}{t}}\xi_i(x)\xi_i(y)e^{-\mu_i t}
$$

by the (Euclidean) estimates in the proof of Lemma 3.1.4 and since $R \leq 1$. We obtain the desired estimate (3.5.28) by taking η_0 sufficiently small. Similarly,

$$
\begin{split}\n& |\xi_i(x)\nabla\xi_i(y)e^{-\mu_i t} - \tilde{\xi}_i(x)\nabla\tilde{\xi}_i(y)e^{-\tilde{\mu}_i t}| \\
&\leq |\xi_i(x) - \tilde{\xi}_i(x)||\nabla\xi_i(y)|e^{-\mu_i t} + |\nabla\xi_i(y) - \nabla\tilde{\xi}_i(y)||\xi_i(x)|e^{-\mu_i t} \\
&\quad + |\xi_i(x)||\nabla\xi_i(y)||e^{-\mu_i t} - e^{-\tilde{\mu}_i t}| \\
&\leq \eta \left((A_1 t^{-1} R^2)^{\beta_{\text{loc}}} |\nabla\xi_i(y)|e^{-\mu_i t} + (A_1 t^{-1} R^2)^{\beta_{\text{loc}}+1} r^{-1} |\xi_i(x)|e^{-\mu_i t} \right) \\
&\quad + |\xi_i(x)||\nabla\xi_i(y)|t\eta\mu_i e^{-\mu_i t} \\
&\leq A_1^{3\beta_{\text{loc}}+2}\eta R^{-1}.\n\end{split}
$$

Thus, equation (3.5.29) also clearly follows by η_0 sufficiently small. \Box

Lemma 3.5.10. Let $\eta_0 > 0$ be given and assumed to be sufficiently small. Assume ϵ_0 is sufficiently small (depending on η_0 , as well as the usual d, c_{\min} , c_{\max} , $||g||_{\alpha}$, α), and $|g^{ik}(x) - \delta^{ik}| < \epsilon_0$. For $y \in B_{\frac{R}{2}}(x) \subset \Omega$ with $|x - y|^2 \lesssim t \sim R^2 \le 1$ (in a similar fashion to Assumption A.1) and $s \leq t$,

(3.5.30)
$$
\tilde{K}_t^B(x,y) \sim_{\eta_0,d,c_{\min},c_{\max},\|g\|_{\alpha},\alpha} K_t^B(x,y),
$$

(3.5.31)
$$
\tilde{K}_s^B(x,y) \lesssim_{\eta_0,d,c_{\min},c_{\max},\|g\|_{\alpha},\alpha} K_s^B(x,y),
$$

and

$$
(3.5.32) \t\t \|\nabla \tilde{K}_s^B(x,y)\| \lesssim_{\eta_0,d,c_{\min},c_{\max},\|g\|_{\alpha},\alpha} \frac{R}{s} (sR^{-2})^{-2\beta_{\text{loc}}-1} s^{\frac{-d}{2}}.
$$

If, in addition, we have $|x-y|^2 \sim t$, then

$$
(3.5.33) \qquad \left\| \nabla \tilde{K}_t^B(x, y) - \nabla K_t^B(x, y) \right\| \lesssim_{d, c_{\min}, c_{\max}, \|g\|_{\alpha}, \alpha} \eta_0 \cdot \frac{R}{t} t^{\frac{-d}{2}}.
$$

The constants in (3.5.30) go to 1 as $\eta_0 \to 0$.

Proof. We estimate the tail: \cdots \cdots \cdots \cdots \cdots

$$
\left\| \sum_{\mu_i \geq \frac{A_1}{t}} \xi_i(x) \xi_i(y) e^{-\mu_i t} \right\| \leq e^{-\frac{1}{2}A_1} \left\| \sum_{\mu_i \geq \frac{A_1}{t}} \xi_i(x) \xi_i(y) e^{-\frac{1}{2}\mu_i t} \right\|
$$

$$
\leq e^{-\frac{1}{2}A_1} \tilde{K}^B_{\frac{1}{4}t}(x, x) \tilde{K}^B_{\frac{1}{4}t}(y, y) \sum_{\text{using }[16]} e^{-\frac{1}{2}A_1} t^{-\frac{d}{2}}.
$$

$$
\left\|\nabla_x \sum_{\tilde{\mu}\geq \frac{A_1}{s}} \tilde{\xi}_i(x)\tilde{\xi}_i(y)e^{-\tilde{\mu}_i s}\right\| = \left\|\int_B \nabla_x \tilde{G}^B(x,w) \sum_{\tilde{\mu}\geq \frac{A_1}{s}} \tilde{\Delta}^B \tilde{\xi}_i(w)\tilde{\xi}_i(y)e^{-\tilde{\mu}_i s}\right\|
$$

\n
$$
= \left\|\int_B \nabla_x \tilde{G}^B(x,w) \sum_{\tilde{\mu}\geq \frac{A_1}{s}} \tilde{\mu}_i\tilde{\xi}_i(w)\tilde{\xi}_i(y)e^{-\tilde{\mu}_i s}\right\|
$$

\n
$$
= s^{-1}\left\|\int_B \nabla_x \tilde{G}^B(x,w) \sum_{\tilde{\mu}\geq \frac{A_1}{s}} \tilde{\xi}_i(w)\tilde{\xi}_i(y)(\tilde{\mu}_i s e^{-\tilde{\mu}_i s})\right\|
$$

\n
$$
\lesssim s^{-1}\int_B \|\nabla_x \tilde{G}^B(x,w)\| \sum_{\tilde{\mu}\geq \frac{A_1}{s}} |\tilde{\xi}_i(w)||\tilde{\xi}_i(y)|e^{-\frac{1}{2}\tilde{\mu}_i s}
$$

\n
$$
\lesssim e^{-\frac{1}{4}A_1} s^{-1} \int_B \|\nabla_x \tilde{G}^B(x,w)\| \tilde{K}_{s/8}^B(w,w)^{\frac{1}{2}} \tilde{K}_{s/8}^B(y,y)^{\frac{1}{2}}
$$

\n
$$
\lesssim e^{-\frac{1}{4}A_1} s^{-\frac{d}{2}-1} \int_B \|\nabla_x \tilde{G}^B(x,w)\| \lesssim e^{-\frac{1}{4}A_1} s^{-\frac{d}{2}-1} R,
$$

since by (3.5.6) we have $\|\nabla \tilde{G}^{B}(x, \cdot)\|_{L^{1}(B_{R})} \lesssim R$. If we now take $s = t$ then, by the Euclidean estimates and $(3.5.29)$, for A_1 large enough, we obtain both the lower and upper bounds (3.5.33).

To prove estimate (3.5.32), we use the above estimate and notice that we also have (from Lemma 3.5.3 and Weyl's Lemma for the ball with Dirichlet boundary conditions)

$$
\left\| \sum_{\tilde{\mu} \leq \frac{A_1}{s}} \nabla \tilde{\xi}_i(x) \tilde{\xi}_i(y) e^{-\tilde{\mu}_i s} \right\| \lesssim R^{-d} \sum_{\tilde{\mu} \leq \frac{A_1}{s}} \tilde{\mu}_i R(\tilde{\mu}_i R^2)^{2\beta_{\text{loc}} + 1} e^{-\tilde{\mu}_i s}
$$

\n
$$
= R^{-d} (sR^{-2})^{-2\beta_{\text{loc}} - 2} R^{-1} \sum_{\tilde{\mu} \leq \frac{A_1}{s}} (\tilde{\mu}_i s)^{2\beta_{\text{loc}} + 2} e^{-\tilde{\mu}_i s}
$$

\n
$$
\lesssim R^{-d} (sR^{-2})^{-2\beta_{\text{loc}} - 2} R^{-1} \sum_{\tilde{\mu} \leq \frac{A_1}{s}} 1
$$

\n
$$
\lesssim A_1^{\frac{d}{2}} R^{-1} (sR^{-2})^{-2\beta_{\text{loc}} - 2} s^{\frac{-d}{2}}
$$

\n
$$
\lesssim \frac{R}{s} (sR^{-2})^{-2\beta_{\text{loc}} - 1} s^{\frac{-d}{2}}.
$$

Lemma 3.5.10 will be used to get Proposition 3.1.2 for the case of a manifold. We will need to improve estimate $(3.5.32)$, which in turn requires the following:

Lemma 3.5.11. Let $|y| < \frac{R}{4}$ $\frac{R}{4}$, $r < \frac{R}{4}$ and $s^{\frac{1}{2}} \leq r$. Let $B^y(s')$ be Brownian motion started at y. Then

$$
P(\sup_{0\leq s'\leq s}|B^y(s')|>|y|+r)\lesssim_{d,c_{\min},c_{\max}}e^{-c'(d,c_{\min},c_{\max})\frac{r}{\sqrt{s}}}.
$$

Proof. This follows from Lemma 3.3.4.

Proof of Proposition 3.1.2; case of $B_R(z)$ with metric at least \mathscr{C}^2 . By rescaling we may assume that $R \leq 1$. We upper bound δ_0 so that $|g^{ik}(x) - \delta^{ik}| < \epsilon_0$, where ϵ_0 is as prescribed by Lemma 3.5.10 (this is done as in (3.1.16)).

Estimates (3.1.1) and the first part of (3.1.4) follow from the Euclidean case and estimates $(3.5.30)$ and $(3.5.31)$. Estimate $(3.1.2)$ and estimate $(3.1.3)$ follow from (3.5.33) and Euclidean ball estimates.

We now turn to the second and third parts in $(3.1.4)$. Without loss of generality we identify $z = 0$. Let a be such that a $\sum_{i=1}^{\infty}$ $j=1$ 1 $\frac{1}{j^2} = \frac{1}{4}$ $\frac{1}{4}$. Define stopping times τ_1, τ_2, \ldots by

$$
\tau_n = \inf \{ s' : |B^z(s')| = aR \sum_{j=1}^n \frac{1}{j^2} \}.
$$

For $n > 1$, define the set of paths

$$
B_n = \{ \omega \in \Omega \colon \tau_n(\omega) \le (1 - 2^{-n})s \}.
$$

For $n > 1$ define $G_n \subset B_n$ as

$$
G_n=B_n\setminus B_{n-1}
$$

and

$$
G_1=B_1.
$$

We estimate using Lemma 3.5.11:

$$
P(G_1) \le \exp\left(-c'\frac{a}{1^2}Rs^{-\frac{1}{2}}\right)
$$

and for $n > 1$

$$
P(G_n) \le \exp\left(-c' \frac{a 2^{\frac{n-1}{2}}}{n^2} R s^{-\frac{1}{2}}\right).
$$

We need another lemma:

Lemma 3.5.12. The set $\{\omega \in \Omega : \tau_n \leq s \ \forall (n \geq 1), \ \omega \notin \cup G_n\}$ has probability 0.

Proof. Now

$$
\{\omega \in \Omega \colon \tau_n \le s \ \forall (n \ge 1), \ \omega \notin \cup G_n\} = \{\omega \in \Omega \colon \tau_n \le s \ \forall (n \ge 1), \ \omega \notin \cup B_n\}
$$

$$
= \{\omega \in \Omega \colon s \ge \tau_n \ge (1 - 2^{-n})s \ \forall (n > 1)\}
$$

$$
\subset \{\omega \in \Omega \colon \tau_n - \tau_{n-1} \le 2^{-n}s \ \forall (n > 1)\}.
$$

However, the set $\{\omega \in \Omega : \tau_n - \tau_{n-1} \leq 2^{-n}s\}$ has probability decaying superexponentially in *n* by Lemma 3.5.11. \square

We now continue with the proof of Proposition 3.1.2; case of $B_R(z)$ with metric at least \mathscr{C}^2 . Define $H_n = G_n \setminus (\cup_1^{n-1} G_i)$. We now have a disjoint partition of

 $\{\omega \in \Omega \colon \tau_n \leq s \ \forall (n \geq 1)\}\$ (up to measure 0) by the collection $\{H_i\}$. Set $\tilde{K}^D_s(\cdot, \cdot) :=$ $\tilde{K}_s^{B_R(z)}(\cdot,\cdot)$. For $|y| > \frac{R}{4}$ we have

$$
\tilde{K}_s^D(z, y_0) = \sum_{n=1}^{\infty} \mathbf{E}_{\omega}(\chi_{H_n} \tilde{K}_{s-\tau_n}^D(B^z(\tau_n), y)).
$$

Taking gradient and using equation (3.5.32) we get

$$
\begin{split}\n|\nabla_{x}\tilde{K}_{s}^{D}(z,y)| &= |\sum_{n=1}^{\infty} \mathbf{E}_{\omega}(\chi_{H_{n}}\nabla_{x}\tilde{K}_{s-\tau_{n}}^{D}(B^{z}(\tau_{n}),y))| \\
&\lesssim_{d,c_{\min},c_{\max},\|g\|_{\alpha},\alpha} \sum_{n=1}^{\infty} \frac{R}{s} (2^{-n}sR^{-2})^{-2\beta_{\text{loc}}-1}s^{\frac{-d}{2}}P(H_{n}) \\
&\lesssim_{d,c_{\min},c_{\max},\|g\|_{\alpha},\alpha} \sum_{n=1}^{\infty} \frac{R}{s} (2^{-n/2}s^{\frac{1}{2}}R^{-1})^{-4\beta_{\text{loc}}-2}s^{\frac{-d}{2}}\exp\left(-c'\frac{a2^{-1/2}}{n^{2}}2^{n/2}s^{-\frac{1}{2}}R\right) \\
&\lesssim_{d,c_{\min},c_{\max},\|g\|_{\alpha},\alpha} \sum_{n=1}^{\infty} \frac{R}{t} (2^{-n/2}t^{\frac{1}{2}}R^{-1})^{-4\beta_{\text{loc}}-2}t^{\frac{-d}{2}}\exp\left(-c'\frac{a2^{-1/2}}{n^{2}}2^{n/2}t^{-\frac{1}{2}}R\right) \\
&\leq \frac{R}{t}t^{\frac{-d}{2}}\sum_{n=1}^{\infty} (2^{-n/2}t^{\frac{1}{2}}R^{-1})^{-4\beta_{\text{loc}}-2}\exp\left(-c'\frac{a2^{-1/2}}{n^{2}}2^{n/2}t^{-\frac{1}{2}}R\right) \\
&\lesssim_{d,c_{\min},c_{\max},\|g\|_{\alpha},\alpha} \frac{R}{t}t^{\frac{-d}{2}},\n\end{split}
$$

where we may replace s with t above, since $s \leq t$, and each of the summands is increasing in s as long as it is sufficiently small with respect to R^2 (independently of n when $n > 1$). This proves the second and third parts of (3.1.4) for $B_R(z)$ with metric at least \mathscr{C}^2 . The contract of the contract of the contract of the contract of \Box

Remark 3.5.13. The proof below makes no assumption on the volume of \mathcal{M} , and works for the case of $\mathscr M$ having infinite volume as well.

Proof of Proposition 3.1.2 for the heat kernel of \mathcal{M} , with metric at least \mathcal{C}^2 . As for the Neumann heat kernel, the starting point is Proposition 3.3.2, which allows us to localize. We use Proposition 3.1.2 for the ball $B_{2\delta_0 R_z}(z)$ with metric at least \mathscr{C}^2 . For this proof, we denote by $C_2[B]$ be the C_2 constant for the Dirichlet ball case, and set $K_s^D(\cdot, \cdot) := K_s^{2\delta_0 R_z}(\cdot, \cdot)$, the heat kernel for the ball $B(z, 2\delta_0 R_z)$ with Dirichlet boundary conditions. For $s \leq t$,

$$
|K_s(x,y) - \tilde{K}_s^D(x,y)| = \left| \sum_{n=1}^{+\infty} \mathbf{E}_{\omega} \left[\tilde{K}_{s-\tau_n}^D(x_n(\omega), y) | \tau_n < s \right] P_{\omega}(\tau_n(\omega) < s) \right|
$$

$$
\lesssim_{C_2[B]} \sum_{n=1}^{\infty} t^{-\frac{d}{2}} \underbrace{e^{-n \frac{\left(\frac{\delta_0 R_z}{2}\right)^2}{Ms}}}_{\text{eqn. (3.3.10)}} \lesssim_{C_2[B], \delta_0, \delta_1} t^{-\frac{d}{2}} e^{-\frac{\left(\frac{\delta_0 R_z}{2}\right)^2}{Ms}}.
$$

This proves $(3.1.1)$ and the first part of $(3.1.4)$ (see Remark 3.3.3). For the gradient estimates, i.e. $(3.1.2)$, $(3.1.3)$, and the second and third part of $(3.1.4)$,

$$
\|\nabla_y K_s(x, y) - \nabla_y \tilde{K}_s^D(x, y)\| \le \sum_{n=1}^{+\infty} \left\|\nabla_y \mathbf{E}_{\omega} \left[\tilde{K}_{s-\tau_n}^D(x_n(\omega), y)|\tau_n < s\right] \right\| P_{\omega}(\tau_n(\omega) < s)
$$
\n
$$
\lesssim_{C_2'[B]} \sum_{n=1}^{\infty} t^{-\frac{d}{2}} \frac{\delta_0 R_z}{t} \underbrace{e^{-n \frac{\left(\frac{\delta_0 R_z}{2}\right)^2}{Ms}}}_{\text{eqn. (3.3.10)}}_{\text{(3.3.10)}}
$$
\n
$$
\lesssim_{C_2'[B], \delta_0, \delta_1} t^{-\frac{d}{2}} \frac{\delta_0 R_z}{t} e^{-\frac{\left(\frac{\delta_0 R_z}{2}\right)^2}{Ms}}
$$

giving us C_9 . By Remark 3.3.3 the exponential term from equation $(3.3.10)$ can be made small enough so that we obtain estimate (3.1.2) as well as the second and third parts of $(3.1.4)$.

4. The proof of Theorem 2.2.8

We remind the reader of Remark 3.1.1 which notes that the proof of Proposition 3.1.2 for the heat kernel of \mathscr{M} , with metric at least \mathscr{C}^2 (appearing at the end of section 3.5.3), made no assumptions on the finiteness of the volume of $\mathscr M$ and the existence of C_{count} .

4.1. The case $g \in \mathscr{C}^2$. We appropriately choose heat kernels $\{K_t(z, y_i)\}_{i=1,\dots,d}$, with $t \sim R_z^2$, that provide a local coordinate chart with the properties claimed in the Theorem 2.2.8:

Proof of Theorem 2.2.8 for $g \in \mathscr{C}^2$. Without loss of generality we may assume $\rho = R_z = 1$, and thus, by Remark 3.1.1, we may apply Proposition 3.1.2. Let us consider the Jacobian $\tilde{J}(x)$, for $x \in B_{c_1R_z}(z)$, of the map

$$
\tilde{\Phi} := R_z^{-d} t^{d/2} (t/R_z^2) \Phi.
$$

By (3.1.3) we have $|\tilde{J}_{ij}(x) - C'_{2} \langle p_{i}, \frac{x - y_{j}}{\|x - y_{j}\|}$ $\frac{x-y_j}{\|x-y_j\|}$ > R_z^{-1} is dictated by Proposition 3.1.2, by choosing δ_0 , δ_1 appropriately (and, correspondingly, c_1 and c_6), we can make the constant C_9 smaller than any chosen ϵ , for all entries, and for all x at distance no greater than $c_1 R_z$ from z, where we use $t = t_z = c_6 R_z^2$ for $\tilde{\Phi}$. Therefore for c_1 small enough compared to c_4 we can write $R_zJ(x) = G_d + E(x)$ where G_d is the Gramian matrix $\langle p_i, p_j \rangle$ (indepedent of x!), and $|E_{ij}(x)| < \epsilon$, for $x \in B_{c_1R_z}(z)$. This implies that $R_z^{-1}(\sigma_{\min} - C_d \epsilon) ||v|| \le ||\tilde{J}(x)v|| \le R_z^{-1}(\sigma_{\max} + C_d \epsilon) ||v||$, with C_d depending linearly on d, where σ_{max} and σ_{min} are the largest and, respectively, smallest eigenvalues of G_d . At this point we choose ϵ small enough, so that the above bounds imply that the Jacobian is essentially constant in $B_{c_1R_z}(z)$, and by integrating along a path from x_1 to x_2 in $B_{c_1R_z}(z)$, we obtain the Theorem (Φ and $\tilde{\Phi}$ differ only by scalar multiplication). We note that $\epsilon \sim \frac{1}{d}$ $\frac{1}{d}$ suffices.

We discuss the proof for $g \in \mathscr{C}^{\alpha}$, and \mathscr{M} has possibly infinite volume in Section 4.2. Such proof is based on approximation arguments via heat kernels corresponding to smooth metrics on finite volume submanifolds.

4.2. The case $g \in \mathscr{C}^{\alpha}$. In this section we discuss heat kernel estimates and the heat kernel triangulation Theorem in the case when \mathscr{C}^{α} . The key ingredient for the

proof of Theorem 2.2.8 for the case of $g \in \mathscr{C}^{\alpha}$, are the heat kernel estimates similar to those of Proposition 3.1.2.

Before we turn to the proof of Theorem 2.2.8 for the case $g \in \mathscr{C}^{\alpha}$, we need one more statement about the case $g \in \mathscr{C}^2$. Consider the following variant of Proposition 3.3.2.

Proposition 4.2.1. (Variant of Proposition 3.3.2) Assume $g \in \mathscr{C}^2$. Let $w \in \Omega$ and $R_w \leq \text{dist}(w, \partial \Omega)$, or $w \in \mathcal{M}$ and $R_w \leq r_U(w)$. Let z and R_z be similarly defined. Assume $z \notin B_{R_w}(w)$, and $w \notin B_{R_z}(z)$. For each path B_{ω}^z (starting at z), we define $\tau_1(\omega) \leq \tau_2(\omega) \leq \ldots$ as follows. Let $\tau_1(\omega)$ be the first time that B_{ω}^z enters $B(w, \frac{3}{4}R_w)$ (if this does not happen, let $\tau_1(\omega) = +\infty$). Let $z_1 = B^z_{\omega}(\tau_1)$. By induction, for $n > 1$ let $\tau_n(\omega)$ be the first time after $\tau_{n-1}(\omega)$ that B^z_ω re-enters $B(w, \frac{3}{4}R_w)$ after having exited $B(w, \frac{1}{2}R_w)$, or $+\infty$ otherwise. Let $z_n(\omega) = B^z_\omega(\tau_n)$. If $\tau_n(\omega) = +\infty$, let $\tau_{n+k}(\omega) = +\infty$ for all $k \geq 0$. Then

(4.2.1)
$$
K_s(z, w) = \sum_{n=1}^{+\infty} \mathbf{E}_{\omega} \left[K_{s-\tau_n(\omega)}^D(z_n(\omega), w) \middle| \tau_n < s \right] P_{\omega}(\tau_n < s),
$$

where

$$
K_s^D = K_s^{Dir(B_{\frac{1}{2}R_w}(w))}.
$$

Moreover, there exists an $M = M(c_{\text{min}}, c_{\text{max}})$ such that

$$
(4.2.2) \ P(\tau_n < s) \lesssim_{d,M,c_{\min},c_{\max}} \exp\left\{-(n-1)\left(\frac{R_w}{8}\right)^2(2Ms)^{-1} - \left(\frac{R_z}{8}\right)^2(2Ms)^{-1}\right\}.
$$

The proof of this Proposition is along the same lines as that of Proposition 3.3.2.

Proof of Theorem 2.2.8 for $g \in \mathscr{C}^{\alpha}(\mathscr{M})$ with $|\mathscr{M}| \leq \infty$. Consider a sequence of metrics $\{g_k\} \subseteq \mathscr{C}^2(\mathscr{M})$, with increasing compact supports $\{\mathscr{M}_k\}$, converging to g in \mathscr{C}^{α} (and therefore bounded in \mathscr{C}^{α}), and such that g_k is uniformly elliptic with constants $\frac{1}{2}c_{\min}$, $2c_{\max}$ (which is possible since c_{\min} and c_{\max} are continuous functions of the components of the metric tensor). Let K_k be the heat kernel associated with g_k . Note that for this heat kernel and its gradient we have bounds, from above with constants uniform in k for any fixed compact $\mathscr E$ away from $\partial \mathscr M$. We proceed as in the proof of Theorem II.3.1 in [49]. The key ingredients are uniform (in k , for a fixed compact) upper bounds on K_k (which follow from Propositions 3.3.2 and 4.2.1), and that ${K_k}$ is equicontinuous, which follows from the uniform upper bounds on the gradient of K_k (for a fixed compact we have uniform lower bounds on R_z and R_w and estimate (4.2.2)). It could also made follow from Stroock's paper (Nash– Moser estimates that say the K_k is Hölder of order and with constants depending only the ellipticity constants)). The proof of Theorem II.3.1 in [49] then implies that $K_k \to K_{\mathscr{M}}$ as $k \to +\infty$, uniformly on compacts. Therefore the uniform (in k) bi-Lipschitz bounds on the map

$$
x \to (K_{k,t}(x,y_1),\ldots,K_{k,t}(x,y_d))
$$

on $B_R(z)$, imply the same bounds for

$$
x \to (K_{\mathcal{M},t}(x,y_1),\ldots,K_{\mathcal{M},t}(x,y_d)).
$$

5. Examples

5.1. Localized eigenfunctions. The following example shows that the factors $\gamma_1, \ldots, \gamma_d$ in Theorems 2.1.1 and 2.2.1 may in fact be required to be as small as $R^{\frac{d}{2}}$.

Figure 1. Example of localization.

Let τ below be the golden ratio. Consider the domain Ω_{δ} as in Figure 1, with Dirichlet boundary conditions. We will let z to be the center of the small square. Let λ_j^{δ} and φ_j^{δ} be the eigenvalues and eigenfunctions on Ω_{δ} . Fix $A > CN$. Let $\Lambda_A^{\delta} = \{j : \lambda_j^{\delta} \leq A^2\}.$ The cardinality of Λ_A^{δ} is uniformly bounded above by Weyl Lemma. It is also bounded below, since in this case we can easily obtain a reverse Weyl Lemma. To see this, let $(\partial \Omega_{\delta})_A = \{x \in \Omega : d(x, \partial \Omega) \leq a/A\}$, so that the heat kernel estimates in Lemma 3.1.4 hold for $t = bA^{-2}$, and observe that

$$
\# \{ j : \lambda_j^{\delta} \le A^2 \} \ge e^{+b} \int_{\Omega_{\delta} \setminus (\partial \Omega_{\delta})_A} \sum_{\lambda_j^{\delta} \le A} |\varphi_j^{\delta}(x)|^2 e^{-\lambda_j^{\delta} t}
$$

$$
\ge e^{+b} \left(\int_{\Omega_{\delta} \setminus (\partial \Omega_{\delta})_A} K_t^{\delta}(x, x) - \int_{\Omega_{\delta} \setminus (\partial \Omega_{\delta})_A} K_{t/2}^{\delta}(x, x) e^{-\frac{A^2 t}{2}} \right)
$$

$$
\gtrsim e^{+b} \left(\frac{1}{2} - \frac{a}{A} \right)^2 \left(C_1 t^{-1} - C_2 e^{-\frac{b}{2}} t^{-1} \right) \gtrsim e^{+b} b^{-1} A^2,
$$

where we choose b so that the last inequality holds, and thus determine a and A , which are chosen so that Lemma 3.1.4 and Proposition 3.1.2 hold.

Fix $j = 1$. The sequence $\{\lambda_j^{\delta}\}_{\delta>0}$ is bounded and hence the families $\{\varphi_j^{\delta}\}_{\delta>0}$ and $\{\nabla\varphi_j^{\delta}\}_{\delta\geq 0}$ are equicontinuous (by Proposition 3.4.1), therefore there exists a sequence $\delta_k \to 0$ such that $\varphi_j^{\delta_k} \to \varphi_j$, $\nabla \varphi_j^{\delta_k} \to \nabla \varphi_j$ and $\lambda_j^{\delta_k} \to \lambda_j$. We can repeat this argument for any $j \leq \liminf_k \# \{j : \lambda_j^{\delta_k} \leq A^2\} := j_{\max}(A)$, which is strictly positive and tending to $+\infty$ as $A \to +\infty$, by the above. By a diagonal argument, we can find a subsequence δ_l such that for any $j \leq j_{\max}(A)$, $\varphi_j^{\delta_l} \to \varphi_j$, $\nabla \varphi_j^{\delta_l} \to \nabla \varphi_j$. Let us look at some properties of φ_j . Clearly, φ_j is an eigenfunction for Δ with Dirichlet boundary conditions on Ω_0 . Since $(\frac{\tau}{\Lambda})$ $(\frac{\tau}{N}n_1)^2 + (\frac{\tau}{N}n_2)^2$ is irrational for any $n_1, n_2 \in \mathbb{Z}$, every φ_j is supported in either the small square, or the big square. Recall that z is the center of the small square. For any $j \leq j_{\text{max}}(A)$ if φ_j has support in S_0 then $\|\nabla\varphi_j\| \gtrsim (\tau/N)^{-2}$. Let δ_l be small enough so that $\|\nabla\varphi_j^{\delta_l}\| \gtrsim (\tau/N)^{-2}$, for all $j \leq j_{\text{max}}(A)$. By choosing A larger than $c_5(\tau/2N)$, where c_5 is as in Theorem 2.1.1, all possible eigenfunctions that may get chosen in the Theorem will correspond to $j \leq j_{\text{max}}(A)$, and therefore the lower bound for the γ_i is sharp.

See http://pmc.polytechnique.fr/pagesperso/dg/recherche/localization−e.htm for nice demonstrations of the above example.

5.2. Non-simply connected domain.

Figure 2. Top left: a non-simply connected domain in \mathbb{R}^2 , and the point z with its neighborhood to be mapped. Top right: the image of the neighborhood under the map. Bottom: Two eigenfunctions for mapping.

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Received 27 October 2008